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Publications

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Education materials catalogue



Addiction Research
Foundation of Ontario



Addiction Research Foundation

The Alcoholism and Drug Addiction Research Foundation (ARF) is an agency of the Province of Ontario that operates specialized research, educational, clinical, and community-service-development programs throughout the province. In addition, ARF has been designated a 'Collaborating Centre for Research and Training on Drug Dependence' by the World Health Organization (WHO), and therefore is part of WHO's program to develop an effective collaborating relationship with a number of carefully selected centres of excellence in various countries.

The Catalogue

This catalogue is prepared and published by Marketing Services at ARF to indicate the diverse range of literature and audio-visual material related to alcohol and other drugs that is produced by the Addiction Research Foundation.

How To Use the Catalogue

Letters are used throughout the catalogue and in the Index to indicate the form or type of the material:

- ARF** Addiction Research Foundation Book
- AUD** Audiotape
- B** Bibliography
- G** Guide
- J** *Journal*-related Publication
- P** Pamphlet
- PN** Poster and Novelty
- PP** Proceedings Publication
- R** Report or Review
- VID** Videotape
- WP** Working Paper

All items in this catalogue are priced in Canadian funds. We ask that non-Canadian customers remit in this currency. If this is not possible, U.S. funds are acceptable.

We trust that this catalogue will prove to be a useful resource for you, our customers. Any questions or requests for additional copies should be addressed to:

Addiction Research Foundation
Marketing Services Dept. CAT 86
33 Russell Street
Toronto, Ontario
Canada M5S 2S1

or telephone collect:
(416) 595-6059

Languages Other Than English

In order to better serve the diverse cultural mosaic that is today's Ontario, the Education Resources Division of the Addiction Research Foundation has been developing many of its popular education materials in languages other than English.

There follows a section describing both the products available and the ordering procedure.



Addiction Research
Foundation of Ontario

education materials catalogue

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pamphlets

P

P

The Fact Sheet Series

Each Fact Sheet sets out in a clear and concise manner the appearance, history, and short- and long-term effects of use in an unbiased and non-judgmental way. Updated regularly, they are an excellent resource for both the student and the medical professional — indeed for anyone with the need to know the facts!

Note to our U.S. Customers:

A U.S. version of the fact sheet series has been prepared, in which the Canada-specific material has been edited out and recent U.S. statistics added. Order them in quantity with your own imprint.

	English	French	Italian	Portuguese	
Alcohol	P251	P301	P200	P225	\$0.05
Amphetamines	P252	P302	—	—	\$0.05
Barbiturates	P253	P303	—	—	\$0.05
Cannabis	P254	P304	P201	P226	\$0.05
Hallucinogens	P255	P305	—	—	\$0.10
LSD	P256	P306	—	—	\$0.05
Opiates	P257	P307	—	—	\$0.05
PCP	P258	P308	—	—	\$0.05
Inhalants	P259	P309	—	—	\$0.05
Tobacco	P260	P310	—	—	\$0.05
Tranquillizers	P261	P311	—	—	\$0.05
Cocaine	P262	P312	—	—	\$0.05
Caffeine	P263	P313	—	—	\$0.05

Don't forget our discount policy on bulk orders:

20% for 500-999 copies (each title)

30% for 1000 or more copies (each title)

30% for imprints — minimum order of 10000 copies (per title)

FACTS ABOUT

Amphetamines

Revised June 1985

Amphetamines and amphetamine-related drugs are central nervous system stimulants with actions resembling those of adrenaline, a substance naturally occurring in the body. The best-known members of this group in Canada are amphetamine itself (e.g., Benzedrine[®]), dextroamphetamine (e.g., Dexadrine[®]), methamphetamine (e.g., Methedrine[®], no longer marketed in Canada), and methylphenidate (e.g., Ritalin[®]). For information on amphetamine-related stimulants such as MDA, PMA, TMA, STP, and nutmeg, see Facts about Hallucinogens.

Under the slang name "uppers," amphetamines have been widely used for their mood-altering effects. "Speed" refers to injectable methamphetamine. People have used these drugs for a variety of non-medical reasons: to avoid sleep while studying or driving, to attempt to improve athletic performance, to counter the effects of depressant drugs, and to experience the euphoric effects.

APPEARANCE

Amphetamines usually appear as yellowish crystals and may be mixed with other materials such as non-drug fillers. They may be taken by mouth in tablet or capsule form, sniffed, or injected. Chronic high-dose use of amphetamines by injection has become a serious social, medical, and legal problem in several countries.

EFFECTS

The effects of any drug depend on the amount taken at one time, the past drug experience of the user, the circumstances in which the drug is taken (the place, the feelings and activities of the user, the presence of other people, the time of day).

[®]Registered names are registered trade names.

ADDICTION RESEARCH FOUNDATION OF ONTARIO

FACTS ABOUT

LSD

Revised June 1985

LSD (Lysergic acid diethylamide) is a potent hallucinogen. It is a synthetic drug that is derived from ergot, a fungus that grows on rye. LSD is a powerful stimulant and can cause a wide range of effects, including hallucinations, delirium, and changes in perception. It is often used recreationally, but it can also be used medically to treat certain types of pain. LSD is a Schedule I drug under the Controlled Substances Act, meaning it has no accepted medical use and a high potential for abuse.

ADDICTION RESEARCH FOUNDATION OF ONTARIO

FACTS ABOUT

Caffeine

Revised June 1985

Caffeine is the world's most widely used drug. It is a natural stimulant found in coffee, tea, and many soft drinks. Caffeine works by blocking the action of adenosine, a chemical in the body that promotes relaxation and sleep. This leads to increased alertness and energy. However, excessive use of caffeine can lead to side effects such as insomnia, anxiety, and increased heart rate.

ADDICTION RESEARCH FOUNDATION OF ONTARIO

FACTS ABOUT

Alcohol

Revised June 1985

Alcohol is a depressant that affects the central nervous system. It is commonly consumed in the form of beer, wine, and spirits. Alcohol can lead to a variety of effects, including relaxation, impaired judgment, and loss of coordination. Chronic use of alcohol can lead to serious health problems, including liver disease, heart disease, and addiction.

ADDICTION RESEARCH FOUNDATION OF ONTARIO

FACTS ABOUT

Inhalants

(Solvents and Aerosols)

Revised June 1985

Inhalants are substances that are breathed in. They include solvents like glue, paint, and gasoline, as well as aerosols like whipped cream and hair spray. Inhalant use is often associated with childhood and adolescence. It can lead to a variety of health problems, including damage to the brain, liver, and kidneys, as well as addiction.

ADDICTION RESEARCH FOUNDATION OF ONTARIO

FACTS ABOUT

Cannabis

(MARIJUANA, HASHISH, ETC.)

Revised June 1985

Cannabis is a drug derived from the Cannabis sativa plant. It is commonly known as marijuana or hashish. Cannabis contains THC (tetrahydrocannabinol), which is responsible for its psychoactive effects. It is often used recreationally, but it can also be used medically to treat certain types of pain and nausea.

ADDICTION RESEARCH FOUNDATION OF ONTARIO

FACTS ABOUT

Hallucinogens

Revised June 1985

Hallucinogens are drugs that cause hallucinations, which are sensory experiences that do not have a basis in reality. They can lead to a variety of effects, including changes in perception, thought, and emotion. Some hallucinogens, like LSD, can lead to long-term psychological effects.

ADDICTION RESEARCH FOUNDATION OF ONTARIO

P

Facts About Drugs

P250 (55 pp.) \$1.75

The complete Fact Sheet Series bound into a handy booklet format.

See also under languages other than English.

P

Marijuana: Answers for Young People and Parents

P138 (32 pp.) \$0.75

'Is cannabis addictive?'

'What is a cannabis "high" like?'

These are just a couple of questions asked by both parents and young people about this very popular drug. In response, ARF has carefully reviewed research findings and produced this straightforward pamphlet with answers to thirteen of the most commonly asked questions. Also included is a short 'Test Your Knowledge' quiz, together with a brief introduction as to where society is with cannabis today.

See also under languages other than English.

P

Can I Take This if I'm Pregnant?

P126 (8 pp.) \$0.30

Pregnant women, aware that drugs can affect their unborn children, are concerned about the safety of over-the-counter remedies, and of social drugs such as alcohol. Can these drugs cause damage to the developing fetus? This guide to the use of social and non-prescription drugs during pregnancy can help expectant mothers make

informed choices. The pamphlet is an excellent information item for prenatal classes, clinics, women's centres, and the doctor's office.

See also under languages other than English.

P PN

Problem Drinking Warning Signs

P376 (ca 46 cm × 66 cm / 18 in. × 26 in.) \$0.40

This is an attractive, informative brochure that, when folded, will fit into a pocket, purse, or pay-cheque envelope (ca 9.5 cm × 23 cm/3.75 in. × 9 in.). It opens to become a poster suitable for walls or notice boards. Twelve standard warning signs are amusingly illustrated, and the brief copy gives advice on how to get more information or help.

See also under languages other than English.

P PN

Coffee, Tea, & Me, and...

P123 \$0.55

This is an excellent resource for health professionals, educators, and the general public. Here, in a concise, readable format, is information on all aspects of drugs and their use. This poster-pamphlet outlines the history of various drugs, the medical and non-medical aspects of drug use, the effects of drugs and how these effects are produced, and a discussion of factors contributing to drug dependence. The full-color wall chart is an ideal display item, and provides a detailed summary of known facts regarding a variety of chemical substances.

See also under languages other than English.



P

Myths About Drinking and Driving

P106 (24 pp.) \$0.75

Humorous — but to the point — this booklet presents ten basic and widespread misconceptions about alcohol, and the ways in which it can affect one's ability to operate a motor vehicle. These misconceptions — or myths — are presented in the form of statements that reflect the attitudes that many people hold concerning alcohol — attitudes that are frequently based on inaccurate information. The purpose of this pamphlet is to debunk these myths, not only by explaining how alcohol can impair abilities, but also by encouraging examination of attitudes and values associated with drinking and driving.

See also under languages other than English.

P

Tar and Nicotine Ratings May Be Hazardous to Your Health: Information for Smokers Who Are Not Ready To Stop

P139 (7 pp.) \$0.25

This pamphlet answers questions about low-yield cigarettes and their tar and nicotine ratings. Practical advice is given for those smokers who are not yet ready to quit. Such smokers turn to low-yield cigarettes hoping to cut down on tar, nicotine, and carbon monoxide. The ratings, however, can be misleading. Exposure to dangerous products is caused more by the way that one smokes than by the brand selected. Ultra-low-tar and low-nicotine cigarettes are not necessarily less hazardous.

P

Alcohol — Do You Know Enough About It?

P102 (16 pp.) \$0.40

This simple but informative pamphlet contains facts on the wide range of effects that alcohol has on the body as well as information on how drinking behavior can affect the individual, family, and society. Amusing drawings accompany the text, each illustration cleverly calling attention to the main points of information. The pamphlet is ideal for general distribution.

See also under languages other than English.

P

Marijuana: Did You Know?

P131 (1p.) \$0.30

Thirty-five true/false questions on the adverse health effects of cannabis use are given in this pamphlet.

P

Alcohol Knowledge Survey

P112 (6 pp.) \$0.30

Questions and correct, detailed answers clarify popular misconceptions about alcohol. This is a useful self-teaching device or discussion starter.

See also under languages other than English.

P

My Kid on Drugs?

P125 (4 pp.) \$0.20

Fear, hurt, and anger often accompany a parent's discovery that his or her child is using drugs. The pamphlet is designed to assist parents by suggesting approaches to the situation.

See also under languages other than English.

P

Know the Score

P122 (4 pp.) \$0.35

When does drinking become hazardous drinking? This colorful little pamphlet presents a quick, simple introduction to the facts about alcohol use in a succinct and informative way.

See also under languages other than English.

P

Drug Knowledge Survey

P113 (6 pp.) \$0.30

Popular misconceptions are demolished in this bright question-and-answer survey, which can be used as a discussion starter or self-teaching device. Detailed explanations of the answers are included.

See also under languages other than English.

P

Butt It Out — A Comic Book

P141 (14 pp.) \$1.00

A quality, full-color comic book about the hazards of smoking, for children aged six to nine.

P

Score on Cannabis — A Photo Story

P140 (30 pp.) \$0.75

This is the 'fotoroman' version of the popular video 'Score on Cannabis'. Over one hundred stills tell the story. Points for discussion are suggested.

P

Me & My Friends & Our Booze — A Photo Story

P142 (28 pp.) \$0.75

This is the 'fotoroman' version of the popular video 'Me & My Friends & Our Booze'. Over one hundred stills tell the story. Points for discussion are suggested.

P

Fetal Alcohol Syndrome — The Preventable Birth Defect

P152 (4 pp.) \$0.15

A useful fold-out pamphlet that answers eight commonly asked questions about alcohol use during pregnancy. Also included is the inspiring 'One Woman's Story' — the story of a mother who believes that her drinking may have damaged her children.

P

Relax

P379 \$0.30

A payroll stuffer to fit a ca 9 cm × 21.5 cm/3.5 in. × 8.5 in. envelope. The pamphlet suggests alternative ways of relaxing that you may not have thought of.

Me and My Friends and Our Booze

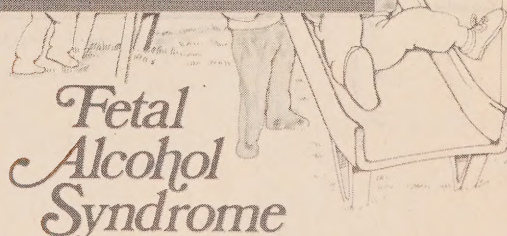
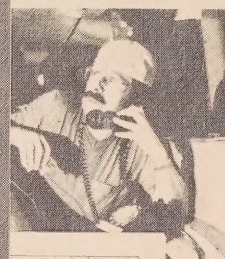


"But Everybody Knows..."

MYTHS ABOUT DRINKING AND DRIVING

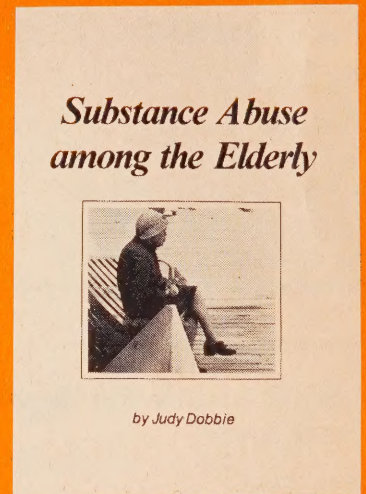
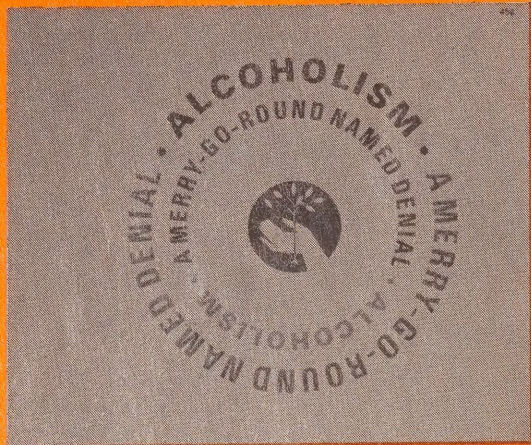


ADDICTION RESEARCH FOUNDATION OF ONTARIO
50 Queen Street, Toronto, Ontario, M5H 2M2



Fetal Alcohol Syndrome

The Preventable Birth Defect



OTHER TITLES STILL AVAILABLE

P

Antabuse and Temposil

P115 (4 pp.) \$0.20

See also under languages other than English.

P

Alcoholism and the Family

P121 (12 pp.) \$0.45

P

Alcoholism: A Merry-Go-Round Named Denial

P120 (12 pp.) \$0.45

P

Women & Prescription Drugs

P133 (4 pp.) \$0.25

See also under languages other than English.

P

Substance Abuse Among the Elderly

P110 (18 pp.) \$0.40

bibliographies

B

— ISSN 0065-1885

B

Alcohol Use & World Cultures

- compiled by D.B. Heath & A.M. Cooper
- pub. 1980
- ISBN 0-88868-0457

P465 (248 pp.) \$11.00

This bibliography contains full citations of most of the material that deals with alcohol from a socio-cultural perspective; it provides an easier, more comprehensive access to these diverse and widely scattered materials. Coverage is intentionally broad, and ranges from prehistory to mid-1978. This volume contains complete citations of 1349 works, a complete author index, and a subject index.

B

Studies of Drinking in Public Places — An Annotated Bibliography

- compiled by H.R. Fisher
- pub. 1985
- ISBN 0-88868-106-2

P468 (85 pp.) \$15.00

The literature on drinking establishments is not large, but it is diverse. This book contains an international collection comprising journal articles, historical and research studies, review articles, and theoretical papers written between 1897 and 1984. They cover drinking establishments, their patrons, situational differences in drinking behavior, and problems associated with drinking. Key-word and subject indexes are provided.

B

Cocaine — A Selection of Annotated Papers from 1880 to 1984 Concerning Health Effects

- compiled by L. Anglin
- pub. 1985
- ISBN 0-88868-114-3

P469 (223 pp.) \$20.00

This book includes annotated citations of English, French, and German papers dealing with the health effects and recreational use of cocaine. Entries were chosen on the basis of interest to and readability by the target audience: health and addiction workers, counsellors, parents, students, and teachers. A selected list of books, a glossary of medical terms, and author and subject indexes are included.

B

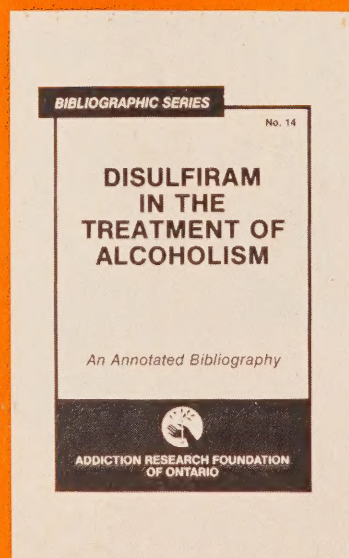
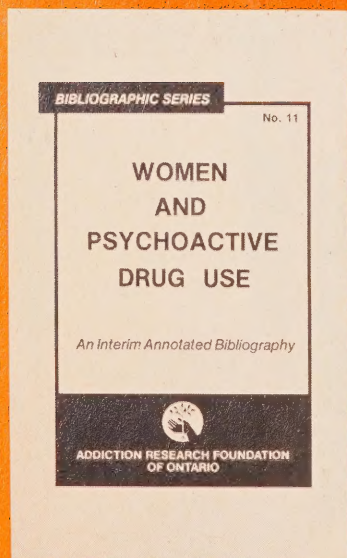
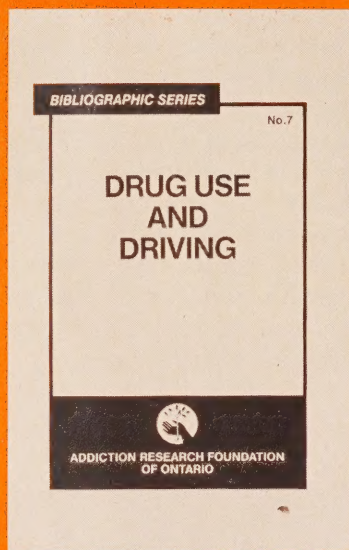
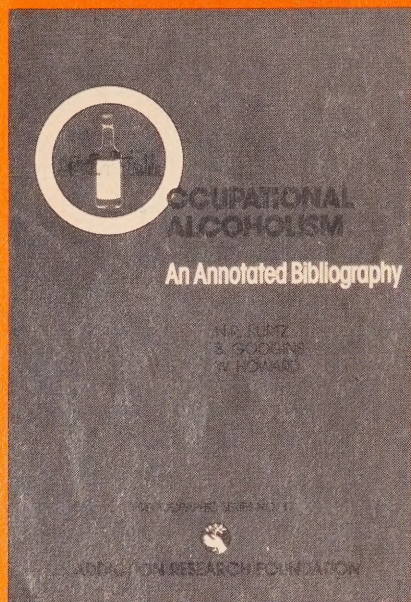
Cannabis: Health Risks — A Comprehensive Annotated Bibliography (1844-1982)

- compiled by O.J. Kalant, K.O. Fehr, D. Arras, & L. Anglin
- pub. 1983
- ISBN 0-88868-081-3

P466 (1100 pp.) \$40.00

This comprehensive, authoritative bibliography contains annotations for 1719 papers (by 1891 authors) selected from over 7000 titles in ARF archives. The editors have summarized all the relevant literature for workers in this field. Non-judgmental and with non-evaluative abstracts, this work allows the users to draw their own conclusions. It includes a list of the key words, a list of abbreviations, and a selected list of 57 book-length works on cannabis.





B

Occupational Alcoholism — An Annotated Bibliography

- compiled by N.R. Kurtz, B. Googins, & W. Howard
- pub. 1984
- ISBN 0-88868-101-1

P467 (218 pp.) \$15.00

There are 476 citations on occupational alcoholism that will provide researchers with access to a body of literature on this subject and its recent derivation — employee assistance programs. The material is organized under 20 subject headings. Author and category indexes are included.

OTHER TITLES STILL AVAILABLE

B

**Amphetamines and Related
Drugs: Clinical Toxicity
and Dependence**

— compiled by O.J. Kalant &
H. Kalant
— pub. 1974

P452 (212 pp.) \$6.00

B

**Behavior Modification for the
Treatment of Alcoholism**

— compiled by C.E. Weise with the
assistance of S. Busse, H. Reed, &
S.F. Price
— pub. 1975
— ISBN 0-88868-013-9

P459 (295 pp.) \$9.00

B

**The Benzodiazepines —
Patterns of Use:**

An Annotated Bibliography

— compiled by C.E. Weise & S.F. Price
— pub. 1975
— ISBN 0-88868-012-0

P458 (216 pp.) \$7.75

B

**Interaction of Alcohol and
Other Drugs**

— compiled by E. Polacsek, T. Barnes,
N. Turner, R. Hall, & C.E. Weise
— pub. 1972
— ISBN 0-88868-067-8

P450 (561 pp.) \$19.00

B

**Interaction of Alcohol and
Other Drugs — Supplement**

— compiled by T. Barnes & S.F. Price
— pub. 1973

P451 (122 pp.) \$5.00

B

**Non-Alcoholic Drugs &
Personality: A Selected
Annotated Bibliography**

— compiled by C.W. Mercer
— pub. 1972
— ISBN 0-88868-015-5

P454 (77 pp.) \$4.50

B

**Therapeutic Communities for
the Management of Addictions**

— compiled by B.G. Frankel,
R.C. Brook, & P.C. Whitehead with
the assistance of L.L. Adamtau &
C.M. Chamberlain
— pub. 1976
— ISBN 0-88868-021-X

P462 (204 pp.) \$7.75

B

**Women & Psychoactive Drug
Use: An Interim Annotated
Bibliography**

— compiled by D.E. Green &
M. MacDonald with the assistance of
C.E. Weise, S.F. Price, &
C.T. Mulloy
— pub. 1976
— ISBN 0-88868-018-X

P460 (177 pp.) \$7.75

B

**Disulfiram in the Treatment
of Alcoholism**

— compiled by C.E. Weise, S. Busse, &
C.T. Mulloy with the assistance of
C.M. Chamberlain & D.R. Tetera
— pub. 1978
— ISBN 0-88868-030-9

P464 (346 pp.) \$9.00

B

Drug Use & Driving

— compiled by T. Barnes & S.F. Price
— pub. 1974

P457 (106 pp.) \$5.00

B

**The Ethical Pharmaceutical
Industry and Some of Its
Economic Aspects**

— compiled by D. Seigny
— pub. 1977
— ISBN 0-88868-022-8

P463 (535 pp.) \$11.00

B

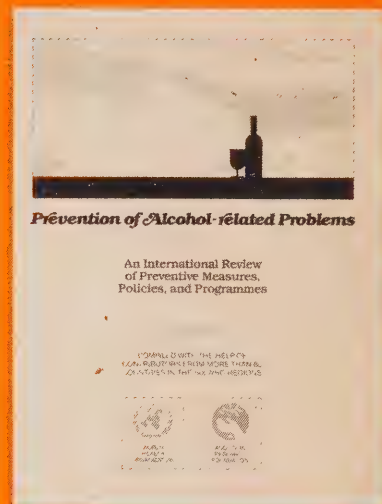
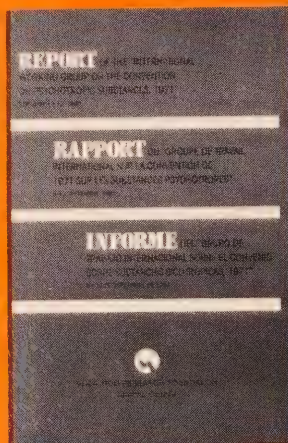
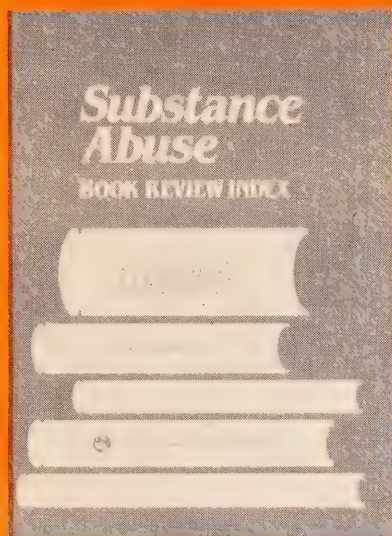
**An Interim Guide to the
Cannabis Literature**

— compiled by O.J. Kalant
— pub. 1968

P453 (39 pp.) \$3.50

reports and reviews

R



R

Substance Abuse Book Review Index Series

— by J. Bemko

The author of this popular series scans more than 250 scientific journals for reviews of books relating to substance abuse. The 1984 volume contains new citations for 217 titles together with an author index, subject index, title index, and a list of the journals searched.

1. Substance Abuse Book Review Index 1984

— ISBN 0-88868-112-7

P6534 (66 pp.) \$8.00

2. Substance Abuse Book Review Index 1983

— ISBN 0-88868-098-8

P6533 (55 pp.) \$6.95

R

Report of the 'International Working Group on the Convention on Psychotropic Substances, 1971', September 8-12, 1980

— pub. 1981

— ISBN 0-88868-056-2

P654 (75 pp.) \$4.50

Although 113 countries have ratified the 'Single Convention on Narcotic Drugs', only 76 countries have ratified the 'Psychotropic Convention'. ARF, in association with ICAA and WHO, convened a meeting of international experts to examine the issues, problems, and possible solutions. This report is the result of that meeting. The material is presented in English, French, and Spanish.

See also under languages other than English.

R

Prevention of Alcohol Related Problems

— by J. Moser

— pub. 1980

— ISBN 0-88868-038-4

P499 (272 pp.) \$19.50

This is a review that sets out detailed information on the extent and nature of alcohol problems, on the range of preventive possibilities, and on the relevant policies and programs embarked upon in a great many countries.

ARF books

ARF
ARF

The Forgotten Children

- by R.M. Cork
- pub. 1969
- ISBN 0-7737-7000-3

P495 (112 pp.) \$3.50

A classic in the field of children of alcoholics, this extremely popular book concerns 115 children between the ages of 10 and 16 who were interviewed by Margaret Cork, former social worker and head of ARF's youth counselling service. All these children came from the homes of alcoholics, and most of them had shocking stories to tell. Margaret Cork says that these children need help. She believes that they should have it whether or not their parents are willing to accept help for themselves.

ARF

Drugs, Society, and Personal Choice

- by H. Kalant & O.J. Kalant
- pub. 1972
- ISBN 0-7737-7001-1

P497 (160 pp.) \$5.00

Science can determine facts concerning the acute actions of drugs, and the consequences of prolonged and heavy use. It can also estimate the probable extent of these consequences. However, the decisions as to whether these effects or consequences are to be considered good or bad, and how society should react toward them, are not questions of scientific fact but of personal and social values, ethics, and political feasibility. It is up to every citizen to ascertain and evaluate the facts. Then society as a whole is in a position to make informed decisions about the policies it wants its government to adopt. The aim of this book is to put into as sharp a focus as possible questions of fact and matters of value judgment, and how the two interact.

ARF

Drug and Alcohol Law for Canadians (2nd ed.)

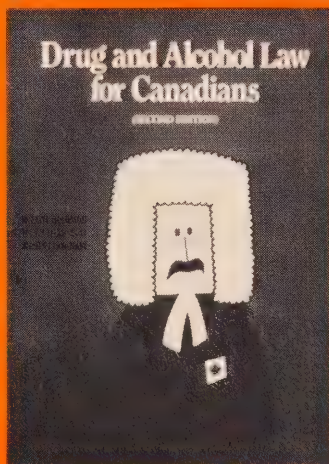
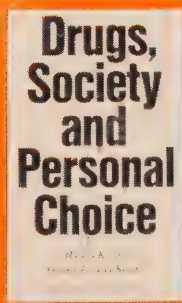
- by R. Solomon, T. Hammond, & S. Langdon
- pub. 1986
- ISBN 0-88868-113-5

P560 (119 pp.) \$15.00

This new handbook provides some basic information about alcohol and drugs vis-à-vis Canadian and Ontario laws, and the legal consequences of their violation. Robert Solomon is Professor of Law at the University of Western Ontario, Tracy Hammond is a candidate in the Faculty of Law at the University of Western Ontario, and Sharyn Langdon is a researcher. Written with a minimum of legal terminology, this handbook is divided into ten chapters, including the following:

- Federal Drug Laws
- Police Powers of Arrest, Search, and Seizure
- Federal Drinking and Driving Laws
- Ontario Drinking and Driving Laws
- Ontario Alcohol Legislation
- Canadian Criminal Procedure
- Canadian Criminal Procedure and Young Offenders
- Criminal and Provincial Records
- Canadian Charter of Rights and Freedoms

An Appendix contains a note on the Canadian tobacco laws, and three tables that clearly illustrate the offences, definitions, and penalties under the *Narcotic Control Act*, the *Food and Drugs Act*, and federal drinking and driving legislation.



ARF**Forbidden Highs: The Nature, Treatment, and Prevention of Illicit Drug Use**

- by R.G. Smart
- pub. 1983
- ISBN 0-88868-078-3

P555 (244 pp.) \$12.95

People need information on the extent of the use of drugs — especially by young people — and on the treatment for drug users, as well as about laws concerning drug use and what to do about drug abuse in their family and in their community. This book summarizes in a non-technical manner the information and research that is available on these topics. It describes the nature of illicit drug use, and what can be done to prevent and control it. There is material on cannabis, heroin and other opiates, stimulants, hallucinogens, cocaine, and solvents. There is an extensive history of drug abuse, and trends in usage are analysed. An important part of this book is concerned with the prevention of drug problems. The concluding section describes how drug abuse will affect society in the near future. Although the book has a clear emphasis on studies and experience in Canada, the world-wide nature of this problem makes all data relevant and topical. Consideration of legal drugs such as alcohol, tranquillizers, and tobacco is not undertaken here as so little of their use is illicit.

ARF**Drugs and Drug Abuse — A Reference Text (Second Edition)**

- revised by M.R. Jacobs and K.O. Fehr
- pub. 1987
- ISBN 0-88868-139-9

P553 (666 pp.) \$29.50

Already a second edition, this essential reference text has proven to be ARF's best seller in recent years. Originally conceived as a reference text for the legal profession, its focus was expanded to meet the obvious needs of a wider audience. Although pharmacology is the main focus of the book, psychology, medicine, chemistry, and epidemiology are among the disciplines that have made significant contributions. Divided into five sections, this book has an introductory chapter 'Understanding Drug Use', which is followed by chapters on the various classes of drugs and the specific drugs that are the most popular in North American society. There follow two sections dealing with drugs of less significance in the overall drug picture, but ones that may be encountered by the professional from time to time. This work will be of interest not only to health-oriented professionals, but also to pharmacists, students, legal professionals, and anyone with an interest in the street- and prescription-drug fields.

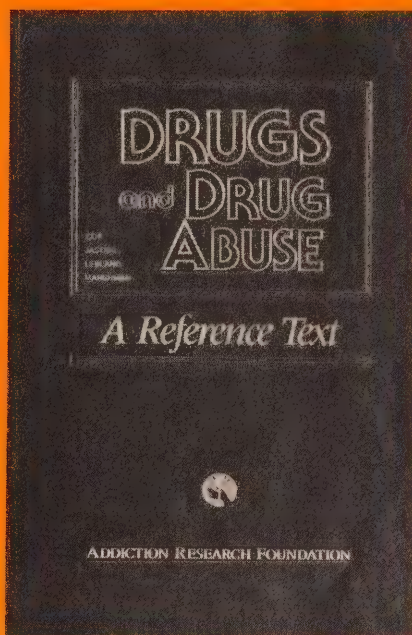
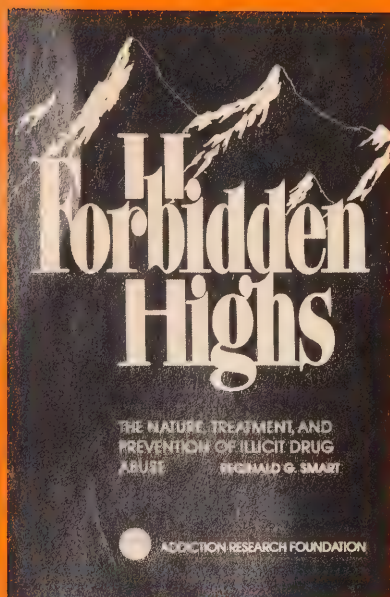
For the second edition major drug articles have been updated and new entries added. Glossaries and the trade names list for Canadian and U.S. products have also been updated.

ARF**Directory of Alcohol and Drug Treatment Resources in Ontario, 1987**

- by D. Heughan
- pub. 1987
- ISBN 0-88868-148-8
- ISSN 0228-863X

P647 (464 pp.) \$20.00

A paperback format, a lower price, and an expanded focus are just some of the features of this year's directory. Originally developed as a reference resource for ARF's Information Centre telephone service, this directory will prove invaluable to health professionals, social service agencies, libraries, alcohol-drug treatment centres, EAP professionals, and anyone with a need to find an appropriate resource quickly. Services are arranged geographically, alphabetically, and by treatment type. This year's edition contains a section for special populations and a special focus index. The wheelchair accessibility of each treatment program is also included.

**ARF**

Report of an ARF/WHO Scientific Meeting on the Adverse Health and Behavioral Consequences of Cannabis Use

— pub. 1981
— ISBN 0-88868-062-7

P655 (72 pp.) \$3.25

National and international discussion of the health and social consequences of cannabis use, and the relevance of these issues to the development of public policy, continues unabated. The last official report of WHO on these issues was published in 1971. Since then, much new scientific information has become available. For these reasons, ARF and WHO undertook a complete and objective reassessment of the health and behavioral consequences of cannabis use.

ARF

Problems Presented by Alcoholic Clients: A Handbook of Counseling Strategies

— by M.R. Jacobs
— pub. 1981
— ISBN 0-88868-050-3

P550 (131 pp.) \$11.00

Based on the experience of counsellors, and originally planned as a handbook for in-service training at ARF, this book will be useful to anyone who deals on an ongoing basis with alcoholic clients. Strategies are presented on how to deal with such issues as denial, lateness for appointments, game playing, refusal to take medication, relapses, and other important issues.

ARF

New Drinkers (2nd ed.)

— by R.G. Smart
— pub. 1980
— ISBN 0-88868-043-0

P543 (169 pp.) \$6.95

The lowering of the legal drinking age that occurred in every province in Canada in the early 1970s caused an upsurge in the abuse of alcohol among teenagers. This book explores the questions most frequently asked about drinking by many young people — questions such as:

‘How many people drink?’

‘Why do they drink?’

‘What is the relationship between the drinking habits of parents and young people?’

‘How many young people have drinking problems?’

ARF**Report of the 'International Working Group on the Single Convention on Narcotic Drugs, 1961', September 20-24, 1982**

— pub. 1983

— ISBN 0-88868-077-5

P656 (66 pp.) \$4.50

In association with WHO and the International Council on Alcohol and Addictions, ARF convened a meeting of international experts in September 1982 to study the Single Convention on Narcotic Drugs 1961. As of September 1982, seventy-six countries had ratified the Single Convention. After extensive and careful reviews of national and international experiences with the treaties, working parties formulated a number of recommendations aimed at improving international drug-control treaties. This report was presented to other international organizations and national governments in February 1983. The material is provided in English, French, and Spanish.

See also under languages other than English.

ARF**Alcohol: Public Education and Social Policy**

— pub. 1981

— ISBN 0-88868-054-6

PTF01 (234 pp.) \$16.00

In 1981-82, a nine-member Task Force on Public Education and Social Policy was formed to examine information, education, communication, and prevention in the alcohol field. This report presents an historical overview of alcohol problems, a review of the effectiveness of education and information approaches, and a review of the impact of regulatory and control policies regarding alcohol.

ARF**Cannabis Criminals: The Social Effects of Punishment on Drug Users**

— by P.G. Erickson

— pub. 1981

— ISBN 0-88868-046-5

P549 (175 pp.) \$12.95

How do the costs of criminalizing cannabis users, in terms of their life experience, compare to the beneficial deterrent effects of punishment? This study is the first to actually document the impact of the criminal sanction on cannabis users. The current legal response to cannabis was shown to be a high-cost/low-benefit policy, and one in which the discharge option had minimal success in mitigating adverse individual consequences.

ARF**Statistics on Alcohol and Drug Use in Canada and Other Countries**

The information in both these volumes is based on data available by September 1984. This year, the book is divided into two volumes in order to provide an expanded overview of the nature, extent, and consequences of the use and abuse of psychotropic substances.

Volume 1: Statistics on Alcohol Use

- pub. 1985
- ISBN 0-88868-104-6
- ISSN 0715-7657

P558 (316 pp.) \$30.00

Volume 2: Statistics on Drug Use

- pub. 1985
- ISBN 0-88868-105-4
- ISSN 0715-7657

P559 (370 pp.) \$30.00

ARF**Directory of Canadian Transportation Safety Professionals, 1984**

- compiled & edited by K. DeGenova & C.M. Blake
- pub. 1984
- ISBN 0-88868-099-6

P649 (167 pp.) \$8.00

Who is investigating what and where in the traffic-safety field? In the spring of 1983, an ad hoc committee of the Safety Research Group distributed a questionnaire to a wide cross-section of Canadians involved in various aspects of the field. The result is this directory. It contains an alphabetical listing of

transportation-safety professionals, a brief summary of relevant demographic information, current research activities, research interests, and references to publications. Indexes identify the professionals by province, organization, and current research activities.

OTHER TITLES STILL AVAILABLE**ARF****The Alcoholism Questionnaire: Administration, Scoring, and Interpretation**

- by A.M. Marcus
- ISBN 0-88868-040-6

P650 (18 pp.) \$5.50

ARF**A Comparison of Opinions About Alcoholism in Four Populations**

- by A.M. Marcus
- ISBN 0-88868-042-2

P651 (40 pp.) \$5.50

ARF**The Structure of Popular Beliefs About Alcoholism**

- by A.M. Marcus
- ISBN 0-88868-041-4

P652 (65 pp.) \$5.50

ARF**Drug Education: Current Issues, Future Directions**

- by R.G. Smart & D. Fejer
- pub. 1974
- ISBN 0-88868-006-6

P542 (112 pp.) \$4.50

ARF**Alcohol Control Policies in Public Health Perspective**

- by K. Bruun et al.
- pub. 1975
- ISBN 951-9191-29-1

P545 (106 pp.) \$9.00

ARF**A Systems Approach to Alcoholism Treatment**

- by F.B. Glaser, S.W. Greenberg, & M. Barrett
- pub. 1978
- ISBN 0-88868-025-2

P546 (303 pp.) \$16.50

guides

G

G

Physicians' Handbook — for Medical Management of Alcohol- and Drug-Related Problems

- compiled and edited by P. Devenyi & S.J. Saunders
- pub. 1986
- ISBN 0-88868-115-1

PG019 (75 pp.) \$5.00

Divided into six sections and comprehensively indexed, this handy pocket-sized manual on alcohol and drug problems will prove useful to general-practice physicians and to other health-care professionals. The sections deal with:

- Definitions of Problems and Epidemiology
- Recognition of Problems
- Intoxication and Overdoses
- Withdrawal
- Medical Complications
- Treatment of Substance-Abusing Behavior

G

Training Guidelines and Workbook for Behavioral Management of Intoxicated & Disruptive Clients

- by A.E. Cox
- pub. 1981
- ISBN 0-88868-055-4

PG006 (99 pp.) \$9.00

Based on a successful program developed in ARF Emergency Department and tested in other hospitals, this 'disruptive client' program can help police, ambulance attendants, nursing-home staff, detox personnel, and other front-line workers

to deal with one of the most time-consuming problems. This comprehensive workbook provides instructors with the information on how to plan, conduct, and evaluate a training program as well as providing the text of the course together with steps and exercises for conducting the training sessions. The purpose of this training is to improve staff skills in managing situations involving disruptive clients. The manual is divided into two sections. The first section, 'Training Guidelines', deals with pre-course planning considerations that experience has shown to be effective in conducting this type of training. The second section is the Workbook, which contains both the case material for handout to participants and the 'Suggestions for Instructors' — a lesson plan for presenting the material.

G

Behavioral Management of Intoxicated and Disruptive Patients

- pub. 1978
- ISBN 0-88868-033-3

PG004 (88 pp.) \$9.00

In this manual, step-by-step techniques for preventing and containing disruptions are provided. They are based on a program — pilot tested in ARF Emergency Department, and further tested in a number of general hospitals — that reduced violent incidents by 80 percent. The manual is complementary to a 20-min video cassette. (See index concerning this cassette.)

G

A Therapist's Manual for Secondary Prevention of Alcohol Problems

- by M. Sanchez-Craig
- pub. 1984
- ISBN 0-88868-100-3

PG014 (95 pp.) \$20.00

This manual presents a description of procedures that have been found useful in teaching *early* problem drinkers how to reach and maintain moderate alcohol use or abstinence. The theory underlying the procedures views excessive drinking as a learned behavior rather than a disease or the symptom of some psychopathology, and a behavior that can be modified on the basis of principles of learning. Hence, this manual should be useful to therapists who feel comfortable with these basic ideas. This treatment approach is intended primarily for early-stage problem drinkers rather than chronic alcoholics. Many such persons want help but are reluctant to attend traditional alcoholism programs, and see themselves as being competent and able to take control of their lives. This manual has been divided into three main sections. In the first, criteria and procedures for screening appropriate clients are outlined. The second section provides a detailed description of the treatment procedures. The third section contains a summary of the theoretical background of the program, the empirical findings to date, and the issue surrounding the controlled-drinking controversy.

G

Alcohol Dependence Scale (ADS)

- by H.A. Skinner & J.L. Horn
- pub. 1984
- ISBN 0-88868-091-0

PG010 (38 pp.) \$14.25

PG011 Specimen Set (includes 25 Questionnaires + 1 User's Guide) \$15.00

P143 Package of 25 Questionnaires (single copies not available) \$6.25

This is a *new* tool for measuring alcohol-dependency symptoms based on WHO theoretical concept of a core alcohol-dependence syndrome. The twenty-five-item ADS questionnaire can be quickly administered and hand scored. A forty-page User's Guide contains normative data from various outpatient and inpatient samples. This reliable and valid clinical tool can be used to determine drinking goals and the extent of necessary treatment.

G

Booze

- by J.R. Sallows
- pub. 1983
- ISBN 0-88868-085-6

PG012 (71 pp.) (Director's Copy) \$7.50

PG013 Package (1 Director's Copy + 10 Individual Scripts) \$20.00

P145 Individual Script only \$2.50

- pub. 1983
- ISBN 0-88868-086-4

This is a *new* approach to alcohol education for secondary-school students. Sallows has written a 60-min play consisting of six separate vignettes, each able to stand alone or as part of the whole play. Minimal props and make-up are required. The characters are all contemporary and speak in contemporary argot, thereby making the production especially suitable for amateur school players. The production toured three times, and evaluation has indicated that students enjoy the products — at the same time becoming more aware and critical of alcohol

abuse. The author has provided a comprehensive set of notes for the novice director with hints on casting, lighting, rehearsals, etc.

OTHER TITLES STILL AVAILABLE

G

Alcohol Education Teacher's Guide — Ten Lesson Plans for Grades 9 & 10

- pub. 1978
- ISBN 0-88868-029-5

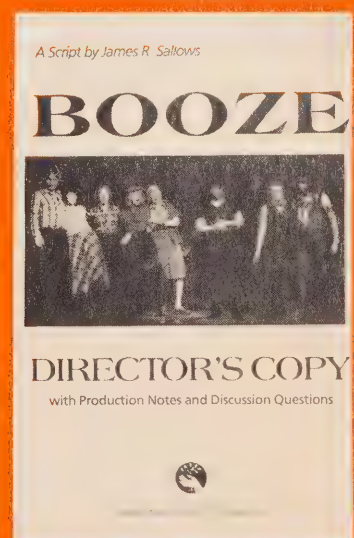
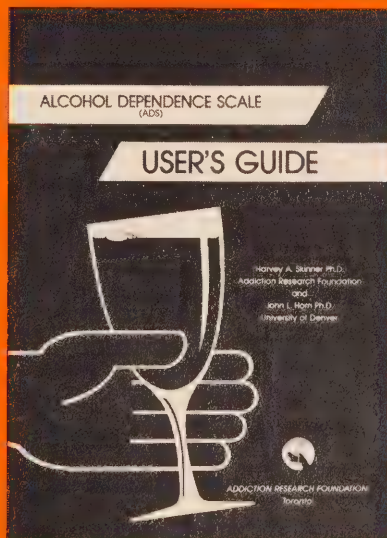
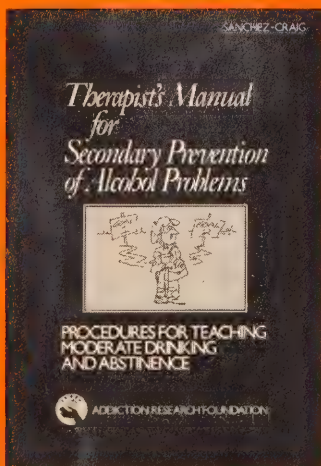
PG003 (84 pp.) \$9.00

G

Alcohol Education Teacher's Guide — Ten Lesson Plans for Grades 7 & 8

- pub. 1978
- ISBN 0-88868-028-7

PG002 (58 pp.) \$9.00



proceedings and publications

PP

PP

Public Drinking and Public Policy — Proceedings of a Symposium on Observation Studies Held at Banff, Alberta, Canada, April 26–28, 1984

— edited by E. Single & T. Storm
— pub. 1985
— ISBN 0-88868-109-7

PBP14 (301 pp.) \$20.00 (softcover)
PBP15 (301 pp.) \$25.00 (hardcover)

This symposium brought together researchers engaged in observation studies of tavern behavior with representatives of the provincial licensing boards. By focussing on the drinking environment rather than on the consumption levels, the participants explored an area of alcohol policy where co-operation between public-health interests, the alcohol industry, and public-policy makers could be both possible and effective. The ultimate purpose of the research will be to develop programs to modify the drinking environment in order to influence drinking and public drunkenness. Although most of the sixteen presentations focus on North America, papers are also included on public drinking in the U.K., Finland, and New Zealand.

PP

Alcohol, Society, and the State

PBP07 Set \$40.00

Volume 1: A Comparative Study of Alcohol Control

— by K. Makela et al.
— pub. 1981
— ISBN 0-88868-061-9

PBP05 (146 pp.) \$23.00

Volume 2: The Social History of Control in Seven Countries

— edited by E. Single,
P. Morgan, & J. DeLint
— pub. 1981
— ISBN 0-88868-060-0

PBP06 (200 pp.) \$23.00

The 'International Study of Alcohol Control Experiences' was a WHO-affiliated project on alcohol-control experiences in seven settings — Poland, Finland, Switzerland, Holland, Ireland, Ontario, and California. This is the two-volume result of this unique collaborative experience. Volume 1 presents the theoretical and policy implications of the international study. Volume 2 summarizes the historical alcohol-control experience in each of the seven settings. The societies studied in these two volumes all belong to the industrialized part of the world, but the analysis sheds light on genuinely international processes that are likely to have a global influence. The report is also unique in that it analyses the social dynamics and structural constraints of control policies, considerations essential to the designing of realistic measures for strengthening the impact of public-health concerns — considerations that are frequently not taken into account.

PP

Consequences of Drinking: Trends in Alcohol Problem Statistics in Seven Countries

— edited by N.A. Giesbrecht et al.
— pub. 1983
— ISBN 0-88868-080-5

PBP12 (145 pp.) \$20.00

This volume presents seven more papers associated with the book *Alcohol, Society, and the State* published in two volumes by ARF. The papers describe and analyse post-war trends in mortality, morbidity, public disruption, crime, and traffic accidents related to drinking. The papers are intended to encourage further analysis and research on the selection of appropriate indicators of damage, and documentation of their relevance as indirect barometers of alcohol consumption, actual incidence and prevalence of damage, and the impact of control and rehabilitation activities. They are also presented as a resource for policy considerations and the development of appropriate interventions.

PP

Psychotropic Substances and Their International Control

— edited by R.G. Smart, G.F. Murray,
& H.D. Archibald
— pub. 1981
— ISBN 0-88868-053-8

PBP04 (230 pp.) \$22.95

Many nations have been reluctant to ratify the Convention on Psychotropic Substances (1971), a treaty that seeks to control the production, marketing, and export of dependence-producing psychotropics. Consequently, ARF, in association with WHO and the International Council of Alcohol and

Addiction, convened a meeting of international experts in September 1980 to examine the problems and benefits of the treaty, the related issues, and some solutions. This book includes the background papers prepared for the meeting and a report of the proceedings.

PP

Cannabis and Health Hazards

— edited by K.O. Fehr & H. Kalant
— pub. 1983
— ISBN 0-88868-084-8

PBP13 (843 pp.) \$65.00

In 1981, ARF, in collaboration with WHO, organized a scientific meeting in Toronto, Canada, to assess the evidence on the adverse consequences of cannabis. Experts were invited from twelve countries in North and South America, Europe, Africa, and Asia representing most of the relevant clinical and basic-science disciplines. Critical reviews of the evidence of observed adverse consequences in various organs were presented by thirteen participants. The validity of such evidence was discussed along with gaps in and limitations of information. These reviews were discussed over the course of a week, and a consensus reached that formed the basis of the report. This report was submitted jointly by ARF and WHO to the UN and to other international bodies and agencies, national bodies, and professional and educational groups concerned with the problems related to the use of cannabis and other psychoactive drugs. It is anticipated that this information will constitute an important element in the deliberations of national bodies responsible for decisions on social and political policy with respect to drug use. Such policy decisions, however, are based on other considerations – legal, political, social,

ethical – in addition to health concerns. Therefore, in the interests of effective and objective scientific discussion, the subject of control policies and policy recommendations was specifically excluded from the scope of this meeting. The summary report of the meeting was published in December 1981 by ARF, and is reprinted in full as the first chapter of this book. The other chapters consist of thirteen detailed working papers that were presented at the Toronto meeting.

PP

The Chemically Dependent Woman

— edited by J. Dowsling & A. MacLennan
— pub. 1978
— ISBN 0-88868-026-0

PBP02 (155 pp.) \$5.50

These papers were presented at a conference on women's issues, hosted by the Donwood Institute, Toronto. A distinguished group of experts in addiction addressed issues of usage, patient and physician perspectives, treatment trends, and new directions for women.

PP

Cerebral Deficits in Alcoholism: Proceedings of the International Symposium Held in Toronto, March 1979

— edited by D.A. Wilkinson
— pub. 1982
— ISBN 0-88868-071-6

PBP11 (160 pp.) \$16.50

This volume captures the scientific scope, the interest, and the potential

importance of research into the phenomenon of alcohol-related brain damage. The four research currents under review were:

- 1) the etiology of,
- 2) the methodological problems in the study of,
- 3) the prevalence of, and
- 4) the recovery from alcohol-related brain damage.

In addition, the contributors explore the ways in which they see research in these areas developing.

OTHER TITLES STILL AVAILABLE

PP

International Collaboration: Problems and Opportunities

— edited by B. Rutledge & E. K. Fulton
pub. 1978
— ISBN 0-88868-024-4

PBP03 (206 pp.) \$16.50

PP

Women: Their Use of Alcohol and Other Legal Drugs

— edited by A. MacLennan
— pub. 1976
— ISBN 0-88868-017-1

PBP01 (114 pp.) \$5.50

working papers

WP

Publications in the Working Papers Series are intended to contribute to the body of current knowledge in specific interest areas. They are unedited, and published in limited quantities at the discretion of the relevant program director(s) of the Addiction Research Foundation, Toronto.

WP

A System of Health Care Delivery

— by F.B. Glaser et al.
— pub. 1984

PWP23 Set \$30.00

Volume 1: Implementation of the System/Medical and Educational Components/Computerized Information System

— ISBN 0-88868-094-5
PWP20 (211 pp.) \$15.00

Volume 2: Primary Care/Assessment

— ISBN 0-88868-095-3
PWP21 (250 pp.) \$15.00

Volume 3: Selecting Patients for Treatment / Follow-up

— ISBN 0-88868-096-1
PWP22 (240 pp.) \$15.00

These three volumes comprise a comprehensive overview and updating of all aspects of the Core Shell Treatment System Project drawing primarily on the reports of phases zero, one, two, and three of the pilot project. Additions include six new chapters on developments subsequent to the completion of phase three, four substudies, and one previously unpublished manuscript. Some chapters have been rewritten, though the language and thrust of the original have been preserved. Detailed information on a basic assessment package, medical screening, computerization, and follow-up technology have been included. Conveniently compiled and organized so that the reader can locate all the material on a relevant subject grouped together and in logical developmental order, this series of volumes will be useful to anyone responsible for the organization of treatment delivery on a large scale.

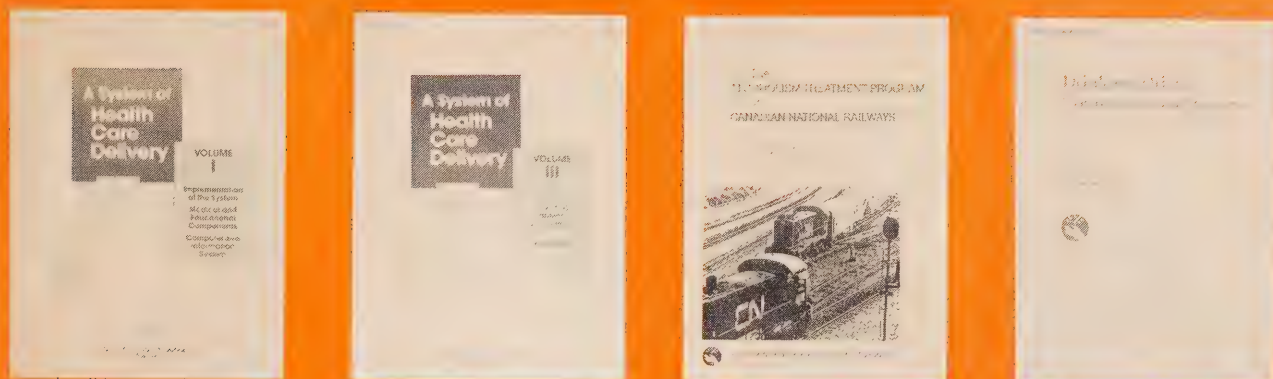
WP

The Alcoholism Treatment Program at Canadian National Railways — A Case Study

— by J. Groeneveld, M. Shain,
D. Brayshaw, & I. Heideman
— pub. 1984
— ISBN 0-88868-092-9

PWP19 (99 pp.) \$7.50

This report is intended to present a large body of data accumulated and analysed in an effort to evaluate the Alcoholism Treatment Program at CN. As such, the report is a compendium of research findings. This working paper is best seen as a document produced by researchers for use by a client – CN. The authors think that as such it may have practical value to those engaged in the difficult task of EAP evaluation, and to those who are anxious to see some long-term data on a well-established industrial-alcoholism program. It is not an academic discussion of the field in general, but rather a case study of a specific program.



WP

Drinking-Driving Countermeasure Review: The Canadian Experience

- by C.B. Liban, E. Vingilis, & H. Blefgen
- pub. 1985
- ISBN 0-88868-108-9

PWP25 (178 pp.) \$10.00

Researchers in the drinking-driving field typically classify countermeasures according to the focus of the approach taken to achieve the objective. Here, five approaches are examined — the legal approach, the public information/education approach, the health approach, the technological approach, and the systems approach — through a review of the countermeasure programs implemented across Canada.

WP

Counseling Skills for Alcoholism Treatment Services: A Literature Review and Experience Survey

- by D. Bain & L. Taylor with the assistance of P.E. Bohm et al.
- pub. 1981
- ISBN 0-88868-051-1

PWP10 (206 pp.) \$6.95

This working paper addresses the identification, definition, and measurement of the skills required for successful alcoholism counselling. This presentation covers:

- fundamental counselling skills and the conditions necessary for therapeutic change,
- selected treatment approaches,
- special population groups (e.g., women, youth, native peoples),
- the measurement of counselling skills, and
- a survey of expert opinion and a summary of the findings.

This report also includes an annotated bibliography.

projection

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The Journal



J

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- Reprints: From time to time, 'The Journal' tackles issues such as cocaine or statistical data about drugs and alcohol, which are to be found on a centre-page spread. These articles have an immediacy and relevance that only a newspaper such as 'The Journal' can bring them; however, they also have a longer-term educational value. With this in mind, the Education Resources Division of ARF has made, and will make in the future, many of these centre-page inserts available as reprints.

J

Cocaine Kit

PJ030 \$5.00

This kit contains some thirty articles extracted from over ten years' issues of 'The Journal' concerning this popular, dangerous drug.

J

Kids on the Run

PJ022 (4 pp.) \$0.25

Contributing Editor Joan Hollobon reports on the myriad problems facing street youth in North America. Photojournalist Daniel Gautreau, who spent three years following the lives of street kids in Toronto and Vancouver, provides photostories of some typical vignettes.

J

Stats Facts

PJ021 \$0.15

This two-page insert contains some straight facts about young people and their use of alcohol and other drugs.

EAPs: report from the North American Congress

Council of Europe leads on drug forfeiture

A week in the life of the ARF

The Journal

You: girls
stayed
ison
y check

The corner store debates

Addictions
power base
shifts in US

Net
Our

INSIDE

Are heroin addicts a loss to society, or a first step to children that alcohol is 'good'?

Kids on the run

'Drugs just make it easier'

The Journal

COCAINE TODAY

COCAINE TODAY

COCAINE TODAY...

Origins

COCAINE TODAY...

Craving

COCAINE TODAY...

Loss of control

Documentary focuses on 'the hidden victims'

Cousteaus probe the heart of coca country

Documentary focuses on 'the hidden victims'

Coca paste abuse — a 'burgeoning disaster'

Use is spreading outward, says RCMP

Canadian cocaine statistics are all 'way up'

Cocaine now epidemic, says US researcher

'A million calls later'

public service announcements

P.S.A.s are with us every day on TV and radio. They are an important and effective way of getting our message across. They are, however, very expensive to develop and produce. Studio facilities, script writers, tape editors, and actors cost money. With this in mind, ARF has prepared a major money-saving method of getting your message across. All ARF TV and radio 'spots' have been aired widely throughout Ontario and have been positively received. Now we can customize these 30-sec spots with your organization's 'tag' at the end of each piece. This cost-effective, high-profile educational tool has been designed by ARF's audio-visual experts to tackle everyday issues in the alcohol-drug field.

Radio Spots

ARF has prepared and distributed sixteen 30-sec radio spots throughout Ontario. Some are seasonal in nature dealing with issues such as alcohol use in summer and winter sport, alcohol's effect on a person's work performance, alcohol's effect on a marriage, and how a parent's attitude to alcohol influences his or her children. Each 30-sec spot closes with *your* contact address and telephone number. The set of sixteen spots comes on broadcast-ready tape (7.5 ips).

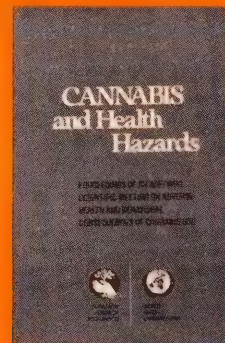
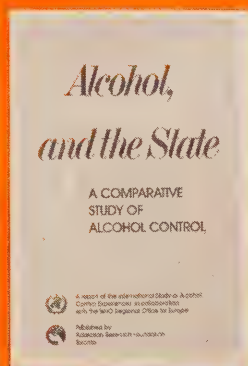
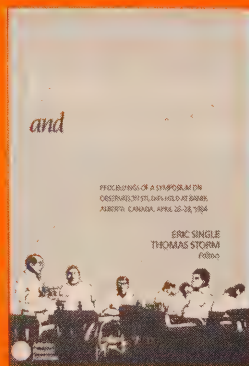
1. Ambulance. Tragedy strikes a man and his son while boating. He was 'Only Drinking Beer'.
2. Barbecue. Our host's a great guy until he drinks too much. Then he's 'Just Another Drunk'.
3. Couples. Harry and his wife aren't going to drink so much booze this summer. They'll try something non-alcoholic when it gets hot.
4. Summer. After a few drinks and a few joints, a sobering swim at night with tragic results.

5. This Guy. Results of drinking and driving.
 6. Boss (female). A supervisor draws the line with an employee who has a drinking problem.
 7. Boss (male). (as #6 above)
 8. Larry. His widow wonders whether it was really her he loved or the bottle.
 9. Remember Me? A teenager asks about last night's party.
 10. Parking Lot. a parking-lot attendant sees many drivers, but still can't figure out why some people try to drink and drive.
 11. Just Another Drunk (male). A bracing run down the ski slopes, a few belts at the hotel bar, and you're irresistible . . . or are you?
 12. Just Another Drunk (female). (as #11 above)
 13. Party. What a great party! How can it be this much fun without booze?
 14. Snowmobile. Fred loves his booze. Fred loves his child. Fred loves to take his child snowmobiling after a few belts . . .
 15. Just Like Me. Do I want my child to be like me when he or she grows up?
 16. When I Grow Up. I'll drink lots of beer just like Dad . . .
- Cost: \$300.00/spot for 1-5 spots
\$250.00/spot for 6-10 spots
\$200.00/spot for 11-16 spots

TV Spots

These video segments address an issue in a hard-hitting, yet educational way. They can be customized with *your* 'tag line', and as such are an effective, cost-efficient profile raiser. The messages come on broadcast-ready, 2.54-cm (1-in.) master tapes.

1. Father and Son. Excerpted from the popular puppet show 'Butt It Out', this spot has a father and son having a heart-to-heart talk about the father's smoking.
 2. Aunt and Niece. Another excerpt from 'Butt It Out'. This time, an aunt embarrasses herself by her smoking in a restaurant.
 3. It Was Fun: But Was It Worth It? Party time and driving don't mix.
 4. A Pregnant Woman Never Drinks Alone. The title tells all. A hard-hitting message for mothers-to-be.
 5. Construction Safety Message. Warns about the dangers of combining alcohol and work.
- Cost: \$600.00/spot
6. Smoking. Live action of a young woman having second thoughts about lighting up.
- Cost: \$400.00/spot



new products

Items listed on this page have been added to our product line since the main catalogue was prepared.

ARF

Northern Spirits: Drinking in Canada Then and Now

— by R.G. Smart and A.C. Ogborne
— ISBN 0-88868-129-1

P561 (191 pp.) \$16.50

Canadian alcohol use and prevention measures from the days of the early settlers to the present.

ARF

Why Volunteers? — Selecting, Training, and Deploying Volunteers in Alcohol Treatment Services

— by G. Leigh, R. Gerrish, and E. Gillespie
— ISBN 0-88868-140-2

PG027 (80 pp.) \$9.75

ARF

Alcohol Clinical Index: Strategies for Identifying Patients with Alcohol Problems

— by H. Skinner and S. Holt
— ISBN 0-88868-144-5
— includes questionnaires

January 1987 publication

ARF

Training Program on Prevention in the Drug Field

- 200-page Instructor Manual
- 3 Monographs: Essential Concepts and Strategies, Change Agent Skills, and Program Planning and Implementation
- Includes Overhead Visuals and Exercise Handouts
- Prepared by the National Planning Committee on Training in the Addictions Field

Successful completion of this training will equip participants with the knowledge and skills required to undertake a prevention program in the drug field.

PZ091 Prevention Package (English) \$95.00

PZ096 Prevention Package (French) \$95.00

Package includes Instructor Manual and 3 Monographs. Items also sold separately.

ARF

Campus Alcohol Policies and Education (CAPE)

- Complete documentation of the popular prevention program in use in Canadian universities

Program Description (11 pages)
Implementation Manual (68 pages)
Booklet, poster, flyers, bar cards

PZ117 (complete set) \$25.00

Enquire about prices on education materials used in the CAPE campus programs: posters, 48-page booklet, flyers, advertisements, and bar cards.

PP

Prevention: Alcohol and the Environment: Issues, Constituencies, and Strategies

December 1986 publication

Symposium proceedings edited by N. Giesbrecht and A. Cox.

PN

“Hugs Not Drugs” Headband

P036 (Blue lettering on white) \$3.00

Foundation joggers recommend this sporty headgear. Flaunt your colors.

VID

Alcohol Withdrawal Syndrome

— series of 3 training videotapes

PVK43 (3/4”) \$250.00

PVK44 (VHS) \$250.00

PVK45 (Beta) \$250.00

Step-by-step training in an effective method of assessment and management of alcohol withdrawal. For detox centres, psychiatric units, and general hospitals.

VID**Cannabis and You**

January 1987 release

A documentary videotape detailing facts and fantasies surrounding marijuana use. Also available in French (Le cannabis et vous).

ARF

**You Can't Get Away from You:
A Play about Alcohol Abuse:
Teacher's Manual**

— by R. Hindle

— ISBN 0-88868-145-3

January 1987 publication

Appropriate for production by high school students, this play examines the effects of alcohol use on two teenagers and their parents. The guide contains discussion topics and activity suggestions.

P**The Fact Sheet Series**

Note to our U.S. customers:

A U.S. version of the fact sheet series has been prepared, in which the Canadian-specific material has been edited out and recent U.S. statistics added. Order them in quantity with your own imprint.

ARF

**Maier's 1926 Cocaine Classic
"Der Kokainismus"**

— English translation by O.J. Kalant

March 1987 publication

Published in 1926 and translated into French, but never into English, Maier's work is still considered by European experts to be the most comprehensive and sound synthesis of clinical knowledge about cocaine addiction. Publication of this abridged translation will bring to English-speaking clinicians and researchers a wealth of clinical experience that has been largely disregarded until now. An introduction by Dr. Kalant puts the work in the context of present-day concerns and knowledge.

AUD**Dial-A-Fact (Accès-aux-faits)**

Note that all the Dial-A-Fact audiotapes (see page 26) are now available in the French language.

P**Coming Soon**

**The "Fax" Series: Full-color
illustrated fact books for
students**

1. Fax about Cocaine (8 pp.)
2. Fax about Smoking (8 pp.)

March 1987 publication

These booklets are the first of a projected series of "fax" for kids. They are profusely illustrated in a contemporary style, and the content and format are the result of a happy collaboration with teens, writers, artists, and scientists. This series is sure to be a hit with teachers, parents, and students.

order form

PLEASE PRINT OR TYPE

Ship to

NAME _____ () _____
TELEPHONE _____
STREET ADDRESS _____
CITY _____ PROVINCE/STATE _____ COUNTRY _____ POSTAL/ZIP CODE _____
COMPANY/INSTITUTION NAME _____

Bill to

NAME _____ () _____
TELEPHONE _____
COMPANY/INSTITUTION _____
STREET ADDRESS _____
CITY _____ PROVINCE/STATE _____ COUNTRY _____ POSTAL/ZIP CODE _____

OFFICE USE ONLY

Customer No. _____
Packing Slip No. _____
Processed By _____
Purchase Order No. _____

Order Date _____

Special Shipping Instructions _____

Product No.	Description	Quantity	Unit Price	Price extension
P				
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			Sub-Total	
Shipping and Handling* (if billing is requested)			Add 10%	
Service Charge (orders less than \$15.00, unless prepaid)			Add \$5.00	
			Sub-Total	
Retail Sales Tax (Ontario residents only)			Add 7%	
			Total	\$

Terms: F.O.B. Toronto. Net 30 Days

*Customs and brokerage charges extra on non-Canadian orders over \$150.00.

Prepay or charge all orders less than \$15.00 **otherwise a \$5.00 service charge will be assessed.**

Tax exemption customers must provide exemption certificates.

See over for ordering details and shipping and returns information.

Mail Order to

Addiction Research Foundation, Dept. Cat. 86

Marketing Services, 33 Russell Street, Toronto, Ontario, Canada M5S 2S1

☐

Bill Me

☐

Cheque or money order enclosed

☐

Visa

☐

Mastercard

Card Number _____

Cardholder Name _____

Valid Date _____

Expiry Date _____

Name _____

Signature _____

policies

Shipping Policy

- (1) All items are shipped F.O.B. Toronto.
 - (2) If billing is requested, add 10% of order value to cover postage and handling charges.
 - (3) Most items are shipped by parcel or book post. Charges for Air Mail, Courier, Trucking or Special Handling will be billed extra.
 - (4) Customs clearance is required on all orders valued over \$150.00 being shipped outside Canada. Customs and brokerage fees will be billed directly to the purchaser by the brokerage house.
 - (5) Orders under \$15.00 should be prepaid. If billing is requested, an invoicing charge of \$5.00 will be assessed.
 - (6) Prices are subject to change without notice.
-

Discount Policy

- (1) **Pamphlets and Fact Sheets**
20% for 500–999 copies (each title)
30% for 1000 or more copies (each title)
30% for 10000 or more with your organization's logo imprinted (each title)
- (2) **Bibliographies**
20% for libraries and booksellers

(3) Books

20% for libraries
30% for booksellers

No discount available on The Forgotten Children.

(4) Buttons

20% for 500–999
30% for 1000 or more

Returns Policy

- (1) Requests for returns must be made in writing within 45 days of shipment by the Addiction Research Foundation.* The request must fully explain the reason for return.
- (2) Returns must be authorized in writing by Marketing Services, ARF, *before* items are returned.
- (3) Ship all returns prepaid, marked 'Canadian Goods Returned'. Credit will be given *only* on goods received in resaleable condition unless authorized in writing as damaged goods. Replacement copies will be shipped if requested.
- (4) Where a price discount was given on the original shipment and a partial return of goods is made, Marketing Services will credit the appropriate amount.

*Bookstores excepted.

Ordering

Complete the enclosed order forms. If these have already been used, send us your letter or purchase order indicating the quantities and full titles of the items that you wish to purchase. Send your order to: Marketing Services, Dept. CAT86, Addiction Research Foundation, 33 Russell Street, Toronto, Canada, M5S 2S1 or call collect (416) 595-6059. Always quote Dept. CAT86 when ordering *material in this catalogue.

order form

PLEASE PRINT OR TYPE

Ship to

NAME

()

TELEPHONE

STREET ADDRESS

CITY

PROVINCE/STATE

COUNTRY

POSTAL/ZIP CODE

COMPANY/INSTITUTION NAME

Bill to

NAME

()

TELEPHONE

COMPANY/INSTITUTION

STREET ADDRESS

CITY

PROVINCE/STATE

COUNTRY

POSTAL/ZIP CODE

OFFICE USE ONLY

Customer No.

Packing Slip No.

Processed By

Purchase Order No.

Order Date

Special Shipping Instructions

Product No.	Description	Quantity	Unit Price	Price extension
P				
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			Sub-Total	
Shipping and Handling * (if billing is requested)			Add 10%	
Service Charge (orders less than \$15.00, unless prepaid)			Add \$5.00	
			Sub-Total	
Retail Sales Tax (Ontario residents only)			Add 7%	
			Total	\$

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Mail Order to

Addiction Research Foundation, Dept. Cat. 86

Marketing Services, 33 Russell Street, Toronto, Ontario, Canada M5S 2S1

☐

Bill Me

☐

Cheque or money order enclosed

☐

Visa

☐

Mastercard

Card Number

Cardholder Name

Valid Date

Expiry Date

Name

Signature

policies

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(3) Books

20% for libraries
30% for booksellers

No discount available on The Forgotten Children.

(4) Buttons

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- (4) Where a price discount was given on the original shipment and a partial return of goods is made, Marketing Services will credit the appropriate amount.

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posters and novelties

PN

Jamie Finds Out About Drugs – An Activity Poster

PP007 \$0.50 (Canadian version)

PP008 \$0.50 (U.S. version)

A large (ca 48cm × 60 cm/19 in. × 24 in.) activity poster that is ideal for coloring. It can be used as a wall poster or a discussion guide. It has been classroom tested and has proved most popular with grades 4 and 5 (i.e., ages 9 through 11). It presents – in an informal way – basic information about drugs.

PN

Buttons and Stickers

Make your statement! An assortment of colorful buttons and stickers to get your message across.

'Butt It Out' sticker	P050	\$0.30
'Butt It Out' button	P068	\$0.50
'I Know the Score' sticker	P051	\$0.30
'I Know the Score' button	P069	\$0.50
'No Thanks,		
I'm Thinking' sticker	P052	\$0.30
'No Thanks,		
I'm Thinking' button	P070	\$0.50
'No Thanks,		
I'm Driving' button	P071	\$0.50

PN

T-Shirts

\$6.95

The design is taken from the 1984 Poster Festival Winner, 'Pass On It'. Be sure to specify the size(s) that you require.

Child: small, medium, & large

Juvenile: small, medium, & large

Adult: small, medium, & large

Note: Some sizes are available in limited quantities. Please enquire before ordering. Telephone collect: (416) 595-6260.

PN

Student Posters

PP028 Set of 8 \$5.00

These are produced on heavy stock from the eight winning designs in the 1984 ARF School Poster Festival. Submitted by students from both elementary and high schools throughout Ontario, these posters are lively, colorful, and entertaining, and they will be a welcome addition to any classroom or bulletin board.

'I Need Shoes Not Booze'	PP020	\$0.75
'Tic Tac No!'	PP021	\$0.75
'Is It Worth the Gamble?'	PP022	\$0.75
'Drunks Don't Make Good Mothers'	PP023	\$0.75
'It Isn't Just A Game, It's Your Future'	PP024	\$0.75
'Don't Fall for the Pitch on Alcohol'	PP025	\$0.75
'Dressed To Kill'	PP026	\$0.75
'Don't Drink If You're Pregnant'	PP027	\$0.75

PN

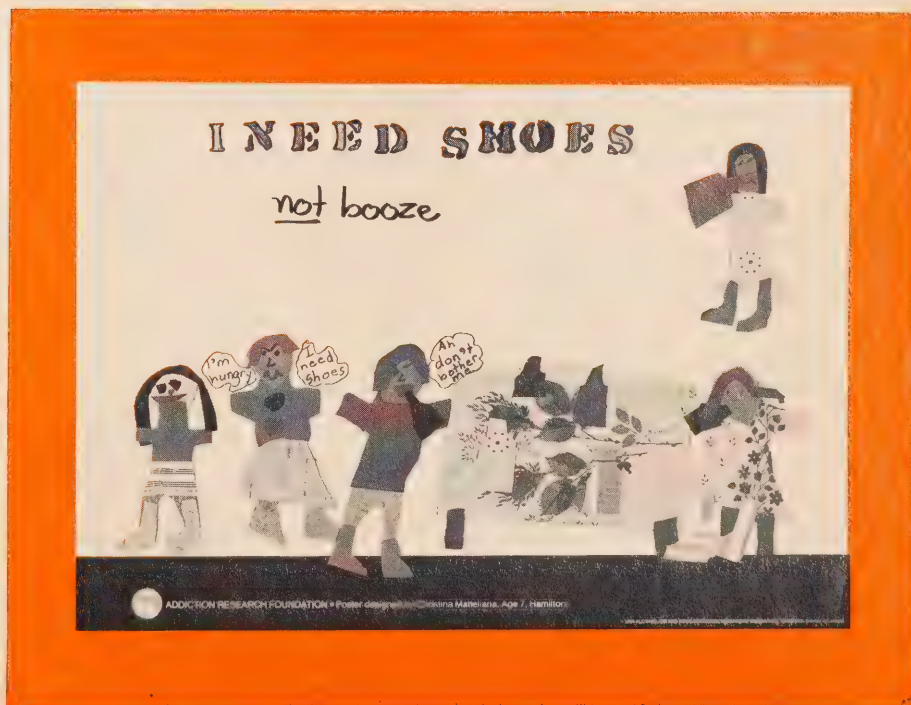
EAP Posters

PP005 Set of 4 \$1.50

Printed on heavy, glossy stock with white lettering and a solid-color background, these posters (ca 27 cm × 36 cm/10.5 in. × 14 in.) are designed to promote awareness and participation in EAP programs.

'Feel Good Again'	PP001	\$0.50
'It's Good To Know It's There When You Need It'	PP002	\$0.50
'When It's Nobody's Business But Yours... We'll Keep It That Way'	PP003	\$0.50
'It's Hard To Come into Work when You've Been Worrying All Night'	PP004	\$0.50

See also under languages other than English.



audiotapes

AUD

ARF audiotapes are wide ranging – from practical ‘how to’ tapes such as ‘Stress & Relaxation’ to discussions of specific problem-areas such as ‘Cannabis: Adverse Effects on Health’. This year, a new set of tapes – the ‘Dial-A-Fact’ series – has been added, thereby expanding the range still further. The ARF tapes are still priced at \$9.00 each – \$8.00 each for orders of six or more.

AUD

Dial-A-Fact

PA499 Set of 55 \$328.00
\$9.00 ea./\$8.00 ea. for orders of six or more
Transcripts \$1.00 each (prepaid)

In November of 1983, the Education Resources Division of ARF introduced a new concept in the field of alcohol-drug education. ‘Dial-A-Fact’, a series of taped messages of between 4 min and 6 min each, give the people of Ontario an opportunity to telephone from their homes or offices as often as they wished to listen to information on subjects as diverse as ‘Minor Tranquillizers: What Are They and How Do They Affect Us?’ to ‘Dealcoholized Wines and Beers’, and many others. The service proved to be a resounding success, and public demand has resulted in its expansion to fifty-five. ‘Dial-A-Fact’ answers the practical, everyday questions asked about alcohol and drugs in a lucid, down-to-earth way, and it has provided an invaluable tool for parents, students, and people concerned about their alcohol and drug use. ‘Dial-A-Fact’: It could be the answer to your education needs!

French Language

All the Dial-A-Fact audiotapes are now available in French.

Alcohol

AUD

Facts on Alcohol: What It Is and How It Affects Us

PA030 (#101)

AUD

Facts on Alcohol: The Short-term Harmful Effects

PA031 (#102)

AUD

Facts on Alcohol: The Long-term Effects

PA032 (#103)

AUD

Facts on Alcohol: Identifying Alcoholism

PA033 (#104)

AUD

Facts on Alcohol: Drinking and Driving

PA034 (#105)

AUD

Facts on Alcohol: Facts and Fallacies About Alcoholism

PA035 (#106)

AUD

Alcoholism and the Family: The Spouse

PA036 (#107)

AUD

Alcoholism and the Family: The Children

PA037 (#108)

AUD

Can Alcoholics Recover? A Look at Treatment Research

PA038 (#109)

AUD

Fetal Alcohol Syndrome

PA039 (#110)

AUD

Dealcoholized Wines and Beers

PA040 (#111)

Drugs

AUD

Cocaine

PA100 (#201)

AUD

PCP

PA101 (#202)

AUD

Cannabis (Marijuana and Hashish): What It Is and How It Affects Users

PA102 (#203)

AUD

Cannabis (Marijuana and Hashish): The Effects of Long-term Use

PA103 (#204)

AUD

Minor Tranquillizers: What They Are and How They Affect Users

PA104 (#205)

AUD

Minor Tranquillizers: Effects of Long-term Use

PA105 (#206)

AUD

Barbiturates and Other Sleeping Pills: What They Are and How They Affect Users

PA106 (#207)

AUD

Barbiturates: The Effects of Long-term Use

PA107 (#208)

AUD

Too Much Caffeine? What It Is and How It Affects Users

PA108 (#209)

AUD

Too Much Caffeine? Effects of Long-term Use

PA109 (#210)

AUD

Amphetamines: What They Are and Who Uses Them

PA110 (#211)

AUD

Amphetamines: Effects of Long-term Use

PA111 (#212)

AUD

LSD: What It Is and How It Affects Users

PA112 (#213)

AUD

LSD: Effects of Long-term Use

PA113 (#214)

AUD

Heroin and Other Narcotic Analgesics: What They Are and How They Are Taken

PA114 (#215)

AUD

Heroin and Other Narcotic Analgesics: How They Affect Users

PA115 (#216)

AUD

Heroin and Other Narcotic Analgesics: The Effects of Long-term Use

PA116 (#217)

AUD

Tobacco: What It Is and How It Affects Users

PA117 (#218)

AUD

Tobacco: Effects of Long-term Use

PA118 (#219)

AUD

Inhalants: What They Are and How They Affect Users

PA119 (#220)

AUD

Inhalants: Effects of Long-term Use

PA120 (#221)

AUD

Psilocybin and Mescaline

PA121 (#222)

AUD

MDA and Its Dangerous Relatives

PA122 (#223)

Alcohol and Drug Issues in Society

AUD

Talking to Children About Drugs

PA200 (#301)

AUD

My Teenager May Have a Drug Problem: Some Signs of Drug Use

PA201 (#302)

AUD

My Teenager May Have a Drug Problem: Sharing Your Concerns with Your Child

PA202 (#303)

AUD

Sex, Cannabis, and Alcohol

PA203 (#304)

AUD

Drugs and Violence: Alcohol

PA204 (#305)

AUD

Drugs and Violence: Cannabis, LSD, PCP, and Stimulants

PA205 (#306)

AUD

Alcohol and Drug Use Among High-School Students

PA208 (#309)

AUD

Cannabis and the Law: Narcotic Control Act and Possession

PA209 (#310)

AUD

Cannabis: Trafficking, Importing, Exporting, and Cultivating

PA210 (#311)

AUD

Hazards of Street Drug Use: Fakes, Substitutes, and Street Doses

PA211 (#312)

AUD

Hazards of Street Drug Use: Adding (Mixing) Other Drugs

PA212 (#313)

AUD

Teenage Problem Drinkers

PA213 (#314)

Treatment Issues

AUD

Employee Assistance Programs: Helping Employees with Alcohol, Drug, and Other Personal Problems

PA300 (#401)

AUD

Antabuse and Temposil: Protective Drugs for Alcohol Problems

PA301 (#402)

AUD

Compulsive Gambling

PA302 (#403)

AUD**Are Diet Pills Effective?**

PA303 (#404)

AUD**Treatment of Anxiety**

PA304 (#405)

Special Issues**AUD****Drug and Alcohol Issues
Among Nurses**

PA402 (#503)

AUD**Tips on How To Stop Smoking**

PA403 (#504)

AUD**Progressive Muscular
Relaxation (PMR)**

— prod. 1982

PA017 (43 min) \$9.00

PMR is a method of learning to relax quickly throughout the day. It is also called the contrast method of relaxation, and involves a series of exercises to first tighten and then relax isolated muscle groups. This process helps you to recognize the difference between relaxed and tense muscles. By becoming aware of the everyday situations that cause a tension buildup, you can then

actively reduce it. This audiotope provides step-by-step instructions for the PMR exercises — in both the lying and sitting positions — and a user guide.

AUD**The Use of Drugs
During Pregnancy**

— prod. 1982

PA016 (13 min) \$9.00

This audiotope provides valuable advice to expectant mothers about the effects of alcohol, tobacco, and other drugs on the unborn child. Dr. Mary Jane Ashley of the University of Toronto describes the fetal alcohol syndrome. Dr. Rick Frecker of ARF describes the effects of tobacco smoking on the development of the child. Dr. Kevin Fehr, also of ARF, discusses other drugs including ASA, laxatives, cold remedies, caffeine products, marijuana, and prescription drugs.

AUD**Crisis Intervention and the
Drug-Using Adolescent**

— by M. Jacobs & K. Michael

— prod. 1979

PA014 (37 min) \$9.00

Suicide attempts by adolescents have risen dramatically over the past decade. Particularly vulnerable are children of alcoholics. Unable to have healthy and continuing communication with or guidance from their parents, they too often turn to alcohol and drugs for relief from their inner turmoil. Lise is a real person. In this tape, she relates her suicide attempt to Dr. Jacobs, who developed a 24-h crisis intervention unit at a large metropolitan hospital. In the informative discussion, he outlines some of the basic principles of crisis intervention.

AUD**Cannabis: Adverse Effects on
Health**

— by H. Kalant & K.O. Fehr

— prod. 1980

PA015 (30 min) \$9.00

The increasing popularity of marijuana use has underscored the need for a valid and objective evaluation of the effects of this drug on health. Much contradictory opinion has been expressed on the matter. In this audiotope, Dr. Kalant and Dr. Fehr discuss the behavioral and mental effects of cannabis use as well as the effect on the cardiovascular and respiratory systems.

AUD**Fetal Alcohol Syndrome (FAS)**

— by M.J. Ashley

— prod. 1979

PA013 (19 min) \$9.00

In this candid interview, M.J. Ashley of the Dept. of Preventive Medicine, University of Toronto, answers some of the questions concerning the controversial FAS. The discussion also explores ways in which dangerous levels of alcohol use can be detected and prevented in pregnant women. This tape is a 'must' for health professionals.

videos

VID

Video cassettes are NFB, CRTC, and USIDA certified.

N.B. Be sure to specify which tape format you require, i.e., $\frac{3}{4}$ in. U-Matic, $\frac{1}{2}$ in. VHS, Beta.

N.B. Overseas Customers: As you are no doubt aware, a major problem concerning video sales is the difference in TV systems. North America uses the NTSC system, and Europe, Australia, and many other parts of the world use the PAL system. Until now, all the ARF videos were available only on NTSC, but we are now happy to announce that we can offer a conversion service between the two systems. The fee for this service is \$150.00 for each 30 min or less of videotape. Thus, the wide range of award-winning ARF videos are available to our friends overseas.

Video Packages

VID

The Dr. Cooper Series

\$100.00 (kit) \$90.00 (video only)

Dr. Cooper is a research scientist who, together with his lab assistants Martha the Mouse and Melvin the Dog, conducts many interesting experiments to show how various substances can affect the body. Also on hand are sundry other characters: Ro, the mischievous robot; Ned and Fred, the boozers; and prim Aunt Martha. These classroom-tested puppet shows treat such subjects as tobacco, alcohol (short- and long-term effects), marijuana, and — coming soon — inhalants and the dangers of household substances for six- to nine-year-olds. Each kit comes in a zip-lock, vinyl portfolio containing a videotape, a teacher's guide, and a colorful 'coming soon' poster. Best of all, these videos make learning FUN!



1. Butt It Out — prod. 1984

9.25 min/color

PG008 \$9.00 (Teacher's Guide)

Kit

PVK04

$\frac{3}{4}$ in. U-Matic

PVK05 VHS

PVK06 Beta

Video only

PV079

$\frac{3}{4}$ in. U-Matic

PVO80 VHS

PVO80 Beta

This fast-moving, entertaining show with a message deals with smoking. Music, color, and fast-paced dialogue hold the child's attention as the issue of smoking is explored. As noted above, this kit is available in three formats.

See also under languages other than English.

2. Never Listen to a Bottle — prod. 1985

9.25 min/color

PG016 \$9.00 (Teacher's Guide)

Kit

PVK10

$\frac{3}{4}$ in. U-Matic

PVK11 VHS

PVK12 Beta

Video only

PV104

$\frac{3}{4}$ in. U-Matic

PV105 VHS

PV106 Beta

Dr. Cooper and the gang in the lab find out about alcohol. Poor Ro, the robot, finds out the hard way what really happens when you drink, and that it's not what they tell you on TV commercials. Children learn about lifestyle advertising, the dangers of drinking and driving, and the glamorization of alcohol.

See also under languages other than English.

3. Alcohol: The Inside Story

— prod. 1985

9.25 min/color

PG015 \$9.00 (Teacher's Guide)

Kit	Video only
PVK13	PV107
³ / ₄ in. U-Matic	³ / ₄ in. U-Matic
PVK14 VHS	PV108 VHS
PVK15 Beta	PV109 Beta

More fun with Dr. Cooper and the gang! Ro does it again! After a heavy day, he discovers beer in Dr. Cooper's lab. He has one while he relaxes and watches TV, and then another, and then another... Meanwhile, Dr. Cooper uses X-rays to show the different inside stories of a non-drinker and a heavy drinker. Children learn about the dangers of long-term drinking, and about the alternatives..

See also under languages other than English.

4. Keep Off the Grass

— prod. 1986

9.25 min/color

PG017 \$9.00 (Teacher's Guide)

Kit	Video only
PVK16	PV119
³ / ₄ in. U-Matic	³ / ₄ in. U-Matic
PVK17 VHS	PV120 VHS
PVK18 Beta	PV121 Beta

The continuing adventures of Dr. Cooper and his lab assistants Martha the Mouse and Melvin the Dog. This time, they observe how Mike, the handyman — a heavy marijuana user — unsuccessfully tackles some simple tasks. A trio of singing police officers contribute to the proceedings.

See also under languages other than English.

COMING SOON

Two more teaching packages!

VID:

Nothing to Sniff At: Inhalants and Their Dangers

VID:

Leave It Alone: Dangerous Substances Around the Home

\$100.00 (Kit)

Two great video packages for teachers about some commonly available substances with drug-like effects. Each kit contains a video cassette, a teacher's guide, forty photo-stories, forty colorful buttons, and forty colorful stickers. The photo-stories are an edited adaptation of the storyline to reinforce the characters and situations depicted. The Teacher's Guide provides a summary of objectives, suggestions for class preparation, discussion guidelines, and classroom activities.

VID:

Me & My Friends & Our Booze

— prod. 1984

30 min/color

\$375.00 (package)

\$350.00 (video only)

PG009 \$9.00 (Teacher's Guide)

P142 \$0.75 (photo-story)

P070 \$0.50 (button)

P052 \$0.30 (sticker)

Kit

PVK07

³/₄ in. U-Matic

PVK08 VHS

PVK09 Beta

Video only

PV072

³/₄ in. U-Matic

PV073 VHS

PV073 Beta

Party time, and the gang's all here — booze, rock'n'roll, and good times. Or are they really good? This witty drama, suitable for fifteen-to-seventeen-year-olds, includes an actor portraying various parts of the body as the alcohol begins to take effect. The teenagers learn about the things that they don't tell you in beer commercials, and they get to make their own commercial in which they sing 'It's O.K. to Say NO'.

VID:

The Score on Cannabis

— prod. 1984

30 min/color

\$375.00 (package)

\$350.00 (video only)

PG007 \$9.00 (Teacher's Guide)

P140 \$0.75 (photo-story)

P069 \$0.50 (button)

P051 \$0.30 (sticker)

Kit

PVK01

³/₄ in. U-Matic

PVK02 VHS

PVK03 Beta

Video only

PV070

³/₄ in. U-Matic

PV071 VHS

PV071 Beta

Suitable for twelve-to-fifteen-year-olds, this package presents situations that young people can relate to, and it presents the facts about cannabis on motor control, and it tackles the issue of peer pressure head on. The high-school hero doesn't smoke cannabis, but his girlfriend does. She bakes marijuana in some cookies and feeds them to the hero before the big video-game final with disastrous effects on his performance.

VID**Alcohol Roulette**

— prod. 1983

28 min/color \$275.00**PV039** 3/4 in. U-Matic**PV040** VHS**PV040** Beta

Using alcohol can be a little like playing a game of chance. Why is it that some people are social drinkers, others are alcoholics, and still others are

abstainers? No one has yet been able to make a definitive statement as to what causes alcoholism, and theorists have, at one time or another, offered many different reasons why some of us lose at the game of 'alcohol roulette'. This program analyses four of the most widely accepted alcoholism models. The moral/religious approach, the disease theory, the socio-cultural model, and the availability theory are all described and placed in the context of their times. Viewers will gain a good background knowledge of the history of alcoholism.

**VID****Play Your Hand**

— prod. 1985

40 min/color \$350.00**PV113** 3/4 in. U-Matic**PV114** VHS**PV115** Beta

An employee's personal difficulties can create problems for managers and unions, as well as for the employee. This video shows three troubled employees responding to their problems in different ways. Practical methods of recognizing and managing these situations are demonstrated.

See also under languages other than English.

VID**Fetal Alcohol Syndrome (FAS)**

— prod. 1985

13 min/color \$200.00**PV101** 3/4 in. U-Matic**PV102** VHS**PV103** Beta

This program focusses on the life story of Mary Atkins, a Mohawk Indian and a recovering alcoholic who believes that some of her children have been affected by her drinking. It also examines the pattern of birth defects associated with heavy drinking known as FAS. A five-page basic-information supplement is supplied.

VID**A Fighting Chance**

— prod. 1984

22 min/color \$150.00**PV081** ¾ in. U-Matic**PV082** VHS**PV082** Beta

This is an attractively produced docu-drama, with commentary, in which three employees — a night caretaker, a lab technician, and a junior executive — tell of working with their EAP to solve personal problems. It is suitable for showing to employee groups as well as to decision makers.

VID**Ah! Relief: Responsible Drug Use**

— prod. 1983

28 min/color \$275.00**PV076** ¾ in. U-Matic**PV077** VHS**PV078** Beta

The modern consumer has come to expect instant relief from common ailments by taking prescription medication. This videotape offers information that can be used to make wise decisions on the purchase and use of these medications. A prescription-drug manufacturer, a pharmacologist, and a non-drug-prescribing therapist each give insights into the relationship that they have with the consumer.

VID**Communication Skills:
A Demonstration Tape**

— prod. 1984

15 min/color \$200.00**PV068** ¾ in. U-Matic**PV069** VHS**PV069** Beta

For addiction counsellors, this interactive training tape is ideal for inservice use. This course has been designed to assist counsellors-in-training to learn techniques of listening and understanding with empathy, as well as clarifying, validating, and directing, the flow of communication. The package includes User's Notes and response recording forms. The videotape is divided into two parts:

- Reflective Skills: attending, paraphrasing, reflection of feeling, summarizing
- Directive Skills: probing, interpretation, confrontation

VID**The Bottom Line: Women and Alcohol**

— prod. 1982

28 min/color \$160.00**PV025** ¾ in. U-Matic**PV026** VHS**PV026** Beta

Women alcoholics, social drinkers, treatment people, and a researcher candidly describe on camera the problems faced by women in an era of increased opportunity and motivation. This videotape explores some difficulties and survival techniques developed by modern women with respect to alcohol use and abuse. It is for general audiences.

VID**Moderation at All Times**

— prod. 1977

5 min/color \$80.00**PV007** ¾ in. U-Matic**PV008** VHS**PV008** Beta

This is an animated production demonstrating the connection between overall consumption and alcohol-related damage. It is based on the research of Wolfgang Schmidt and Jan deLint.

VID**Women & Their Use of
Mood-Altering Drugs:
The Immigrant Experience**

— prod. 1984

16 min/color \$150.00**PV089** ¾ in. U-Matic**PV090** VHS**PV091** Beta

This tape presents some of the stresses that immigrants, particularly women, may have to face in adjusting to a new society. The program shows some of the short- and long-term effects of using minor tranquilizers as a way of coping. A consumer's approach to medical care is presented stressing the importance of informed consent.

See also under languages other than English.

VID**Caffeine**

— prod. 1981

Winner: Best Videotape of 1981 —
Health Care Public Relations
Association

7 min/color \$110.00PV037 ³/₄ in. U-Matic

PV038 VHS

PV038 Beta

The world's most popular drug is
examined in this prize-winning video.
Just how much is too much?

OTHER TITLES STILL AVAILABLE

VID**Behavioral Management of
Intoxicated and Disruptive
Patients**

— prod. 1979

28 min/color \$135.00

(including 88-p. manual)

PV013 ³/₄ in. U-Matic

PV014 VHS

PV015 Beta

VID**It All Adds Up**

— prod. 1979

12 min/color \$150.00PV019 ³/₄ in. U-Matic

PV020 VHS

PV020 Beta

VID**Measure for Measure: Alcohol
Conversions**

— prod. 1979

23 min/color \$150.00PV017 ³/₄ in. U-Matic

PV018 VHS

PV018 Beta

VID**Tobacco: The Complete Story**

— prod. 1981

30 min/color \$150.00PV033 ³/₄ in. U-Matic

PV034 VHS

PV034 Beta

VID**Stress & Relaxation**

— prod. 1981

26 min/color \$150.00PV031 ³/₄ in. U-Matic

PV032 VHS

PV032 Beta

VID**Gluing It Together**

— prod. 1981

15 min/color \$125.00PV035 ³/₄ in. U-Matic

PV036 VHS

PV036 Beta

VID**Drugs and You**

— prod. 1980

14 min/color \$150.00PV029 ³/₄ in. U-Matic

PV030 VHS

PV030 Beta

languages other than English

FRANÇAIS

Afin de mieux servir la mosaïque culturelle qu'est l'Ontario d'aujourd'hui, la Division des ressources en éducation de la Fondation de la recherche sur la toxicomanie, a fait adapter une bonne partie de son matériel éducatif courant dans d'autres langues que l'anglais. Suit une description des articles disponibles et de leurs modalités de commande.

Brochures

Marijuana: Réponses destinées aux jeunes et aux parents

P1380 (32p.) 0,75 \$

L'usage du cannabis peut-il entraîner un phénomène de dépendance? Quelles sont les sensations associées à l'ivresse cannabique? Tel est le genre de questions que se posent souvent les parents et les jeunes sur cette drogue très répandue. C'est pourquoi les résultats des recherches ont été compilés dans une brochure accessible à tous qui répond à treize des questions posées fréquemment. Elle contient également un test d'évaluation des connaissances ainsi qu'une courte introduction sur le jugement actuel de la société vis-à-vis du cannabis.

Le café, le thé, et moi, et...

P124 0,55 \$

Excellente ressource pour les professionnels de la santé, les enseignants et le public dans son ensemble, cette brochure contient des renseignements sur tous les aspects de la drogue et de son utilisation présentés sous une forme concise et facile à lire. Ce dépliant-affiche relate l'histoire des diverses drogues, décrit leurs usages médicaux et non-médicaux, leurs effets ainsi que les facteurs de dépendance vis-

à-vis de la drogue. La carte murale en quatre couleurs offre un résumé complet des faits connus touchant diverses substances chimiques.

Les mythes sur l'alcool au volant

P1060 (24 p.) 0,75 \$

Cette brochure humoristique, mais très factuelle, présente dix erreurs communes touchant l'alcool et ses effets sur un conducteur d'automobile. Ces erreurs courantes, ou mythes, se présentent sous forme d'affirmations, qui révèlent bien les attitudes d'une partie du public envers l'alcool — attitudes fondées sur des renseignements erronés. Cette brochure a pour but de détruire ces mythes en expliquant les effets de l'alcool sur les facultés mentales et physiques et en incitant le lecteur à réfléchir sur les attitudes et sur les valeurs associées au problème de l'alcool au volant.

Puis-je en prendre si je suis enceinte?

P1260 (8p.) 0,30 \$

Les femmes enceintes, conscientes que la consommation de drogues peut affecter le bébé qu'elles portent, s'inquiètent des effets de certains médicaments vendus sans ordonnance et se posent des questions sur la consommation des drogues d'usage social telles que l'alcool. Ces drogues ont-elles des effets nocifs sur le fœtus? Ce guide de l'utilisation des drogues d'usage social et des médicaments vendus sans ordonnance aidera les futures mères à faire des choix judicieux. Cette brochure constitue une excellente ressource pour les cours de préparation à l'accouchement, les cliniques, les centres d'accueil féminins et les cabinets médicaux.

L'alcool — Qu'en savez-vous?

P103 (16p.) 0,40 \$

Cette petite brochure simple mais instructive contient des renseignements sur les effets de l'alcool sur le corps humain et ceux de la boisson sur le buveur, sa famille et la société. Le texte est illustré à l'aide de dessins humoristiques qui reprennent les grands thèmes de l'information. Cette brochure peut être diffusée au grand public.

Questionnaire sur l'alcool

P1120 (6p.) 0,30 \$

Ce guide qui comporte une série de questions et de réponses détaillées visant à corriger certaines erreurs courantes sur l'alcool, peut servir aussi bien à s'informer qu'à ouvrir une discussion.

Questionnaire sur les drogues

P1130 (6p.) 0,30 \$

Ce sondage-test présente des réponses très détaillées qui détruisent certaines erreurs courantes. Il est tout aussi utile pour s'informer que pour entamer une discussion.

Antabuse & temposil

P116 (4p.) 0,20 \$

Faites le compte

P1220 (4p.) 0,35 \$

Quand la consommation d'alcool devient-elle dangereuse? Cette petite fiche colorée présente de façon succincte et instructive les faits liés à la consommation d'alcool.

La drogue... mon enfant?

P1250 (4p.) 0,20 \$

Les parents éprouvent généralement un mélange de peur, de colère et d'angoisse lorsqu'ils découvrent que leur enfant se drogue. Ce dépliant est conçu pour les aider à faire face à cette situation.

Les femmes et les médicaments prescrits

P1330 (4p.) 0,25 \$

Fiches de renseignements sur les drogues

Pour tout ce qui touche l'alcool et la drogue, les gens veulent connaître "les faits". C'est précisément le but de cette série de treize brochures portant chacune sur une substance liée à des abus. Chaque brochure relate de façon claire, concise et impartiale l'apparition, l'histoire et les effets à court et à long terme de l'utilisation de ces substances. Régulièrement mises à

jour, elles constituent une excellente ressource pour les étudiants comme pour les professionnels de la santé et, à vrai dire, pour tous ceux qui désirent être bien informés.

Renseignements sur les drogues

P300 (57p.) 1,75 \$

Série complète des fiches de renseignements sur les drogues reliées sous la forme d'une brochure d'utilisation pratique.

Boire

P3760 (approx. 46 cm × 66 cm/18 po. × 26 po.) 0,40 \$

Ce dépliant instructif et attirant tient dans une poche, un sac ou l'enveloppe d'un bulletin de salaire lorsqu'il est replié mais il peut aussi être déployé sur un mur ou sur un tableau d'affichage. Il présente douze scènes-avertissements illustrées avec humour et accompagnées d'un texte court indiquant comment obtenir de l'aide ou des renseignements.

	Anglais	Français	Italien	Portugais	
L'alcool	P251	P301	P200	P225	0,05 \$
Les amphétamines	P252	P302	—	—	0,05 \$
Les barbituriques	P253	P303	—	—	0,05 \$
Le cannabis	P254	P304	P201	P226	0,05 \$
Les hallucinogènes	P255	P305	—	—	0,10 \$
Le LSD	P256	P306	—	—	0,05 \$
Les opiacés	P257	P307	—	—	0,05 \$
Le PCP	P258	P308	—	—	0,05 \$
Les drogues à inhaler	P259	P309	—	—	0,05 \$
Le tabac	P260	P310	—	—	0,05 \$
Les tranquillisants	P261	P311	—	—	0,05 \$
La cocaïne	P262	P312	—	—	0,05 \$
La caféine	P263	P313	—	—	0,05 \$

N'oubliez pas les rabais accordés sur les commandes multiples:

20% entre 500 et 999 exemplaires (de chaque titre)

30% pour 1000 exemplaires et plus (de chaque titre)

30% pour les empreintes - commandes minimales de 10 000 exemplaires (par titres)

Livres de la Fondation

Rapport de la Fondation du "Groupe de travail international sur la convention de 1971 sur les substances psychotropes", 8 - 12 septembre 1980

— pub. 1981

— ISBN 0-88868-056-2

P654 (75p.) 4,50 \$

Bien que 113 pays aient ratifié la "Convention unique sur les stupéfiants", 76 seulement ont ratifié la convention sur les substances psychotropes. La Fondation en collaboration avec le C.I.P.A.T. (Conseil international sur les problèmes de l'alcoolisme et des toxicomanies) et l'O.M.S. (Organisation mondiale de la santé) a réuni des experts internationaux pour étudier les problèmes et les solutions relatives à ce traité. Ce rapport est présenté en anglais, en français et en espagnol.

Rapport du Groupe de travail international chargé d'étudier la Convention unique sur les stupéfiants de 1961, 20 - 24 septembre 1982

— pub. 1983

— ISBN 0-88868-077-5

P656 (66 pp.) 4,50 \$

La Fondation, en collaboration avec l'O.M.S. et le C.I.P.A.T., a réuni en septembre 1982 des experts internationaux afin d'étudier la Convention unique de 1961 sur les stupéfiants. En septembre 1982,

soixante-seize pays avaient ratifié cette Convention unique. Après une analyse approfondie des expériences nationales et internationales liées à ces traités, les groupes de travail ont formulé une série de recommandations visant à améliorer les traités internationaux de lutte contre la toxicomanie. Ce rapport a été porté à la connaissance d'autres organismes internationaux et des gouvernements nationaux en février 1983. Le texte de ce rapport est présenté en anglais, en français et en espagnol.

Série d'affiches du P.A.E. (Programme d'assistance aux employés)

PP006 Série de 4 affiches 1,50 \$

Ces affiches en papier glacé imprimées en lettres blanches sur fond uni ont pour but de faire connaître les programmes du P.A.E. et d'encourager le public à participer.

Vous sentir bien de nouveau

P.A.E.: C'est bon de savoir que le programme est là quand vous en avez besoin

Si ça ne regarde personne d'autre que vous... faites-nous confiance, cela restera entre nous.

C'est difficile de venir travailler le matin après s'être inquiété toute la nuit

Enregistrements

Accès-aux-faits

PA999 Série de 55 328,00 \$

(9,00 \$ la pièce/8,00 \$ la pièce pour les commandes de six ou plus)
Transcriptions 1,00 \$ la pièce
(payable d'avance)

En novembre 1983, la Fondation introduisait un nouveau concept dans le domaine de l'éducation touchant l'alcool et la drogue : Accès-aux-faits. Cette série de messages téléphoniques enregistrés d'une durée de quatre à six minutes chacun permettait aux citoyens de l'Ontario de téléphoner aussi souvent qu'ils le désiraient, de leur foyer ou de leur bureau, pour obtenir des renseignements sur divers sujets. Ce service obtint un succès retentissant et dut, à la demande générale, être étendu. 'Accès-aux-faits' répond de façon lucide et factuelle aux questions pratiques et quotidiennes que l'on se pose sur l'alcool et sur la drogue. C'est un outil précieux pour les parents, les élèves et tous ceux que préoccupe la consommation de drogue et d'alcool.

L'alcool

Les faits sur l'alcool : la nature de l'alcool et ses effets

PA530 (#101)

Les faits sur l'alcool : les caractéristiques de l'alcoolisme

PA533 (#104)

Les drogues

La cocaïne

PA600 (#201)

Le cannabis (marijuana et haschich); sa nature et ses effets

PA602 (#203)

Le cannabis (marijuana et haschich); les effets de l'usage à long terme

PA603 (#204)

Trop de caféine? sa nature et ses effets

PA608 (#209)

Trop de caféine? Les effets à long terme

PA609 (#210)

LSD: sa nature et ses effets

PA612

Problèmes liés à l'alcool et à la drogue dans la société

Je crains que mon enfant se drogue : quelques indices révélateurs

PA701 (#302)

Sexe, cannabis et alcool

PA703 (#304)

À remarquer: Nouveaux enregistrements d'Accès-aux-faits.

Tous les enregistrements d'Accès-aux-faits (voir pages 26-29 pour la liste) sont maintenant disponibles en français.

Vidéos

Une chance de s'en tirer

— prod. en 1984

22 mn/couleur 150,00 \$

PV 083 3/4 po. U-Matic

PV 084 VHS & Beta

Ce docudrame attrayant, accompagné d'un commentaire, met en scène trois employés — un gardien de nuit, un technicien de laboratoire et un jeune cadre — qui, ayant à résoudre un problème personnel, font appel à leur programme d'aide aux employés. Destiné aux groupes d'employés et aux décideurs.

Jouer la bonne carte

40 mn/couleur 350,00 \$

PV 116 3/4 po. U-Matic

PV 117 VHS

PV 118 Beta

Les problèmes personnels d'un employé créent autant de difficultés à ses supérieurs et aux syndicats qu'à lui-même. Cette bande magnétoscopique présente trois employés qui attaquent leurs problèmes de différentes façons et propose des moyens pratiques pour identifier ces situations et y faire face.

Programmes vidéos

Série du Docteur Bernard

100,00 \$ (trousse)

90,00 \$ (vidéo seulement)

Le Dr Bernard est un chercheur scientifique qui, aidé de ses assistants de laboratoire, la souris Marthe et le chien Louis, se livre à de nombreuses expériences intéressantes et découvre comment différentes substances

affectent le corps humain. Plusieurs autres personnages prennent part à l'action : Ro, le robot espiègle, Ned et Fred, les deux ivrognes et la très digne tante Manda. Ces spectacles de marionnettes, testés dans le milieu scolaire, traitent des sujets tels que le tabac, l'alcool (ses effets à long et à court terme), la marijuana, et aussi s'ajouteront prochainement les drogues à inhaler et les dangers des produits domestiques pour les enfants de six à neuf ans. La trousse est présentée dans un étui en vinyle avec fermeture éclair contenant une bande magnétoscopique, un guide pour l'enseignant et une affiche aux couleurs vives annonçant les sujets 'à paraître'. Ces vidéos ont l'avantage d'instruire en amusant.

1. Écrase

— prod. en 1984

9.25 mn/couleur

PG008 9,00 \$ (guide de l'enseignant)

Trousse	Vidéo seulement
PVK22	PV125
3/4 po. U-Matic	3/4 po. U-Matic
PVK23 VHS	PV126 VHS
PVK24 Beta	PV127 Beta

Cette émission éducative, à la fois entraînante et divertissante, traite des effets du tabac. La musique, les couleurs et un dialogue animé retiennent l'attention de l'enfant pendant qu'il aborde les problèmes reliés à sujet. Comme il est indiqué ci-dessus, cette trousse se présente sous trois formes.

2. Ferme tes oreilles à la bouteille

— prod. en 1985

9.25 mn/couleur

PG021 9,00 \$ (guide de l'enseignant)

Trousse	Vidéo seulement
PVK25	PV128
3/4 po. U-Matic	3/4 po. U-Matic
PVK26 VHS	PV129 VHS
PVK27 Beta	PV130 Beta

Au laboratoire, le Dr Bernard et sa bande analysent les effets de l'alcool. Le pauvre Ro, le robot, apprend à ses dépens ce qui se passe quand on boit, quoi qu'en disent les messages publicitaires de la télévision. Les enfants apprennent à reconnaître les publicités qui glorifient certains styles de vie et se familiarisent avec les dangers de l'alcool au volant et avec l'idéalisation de l'alcool.

3. Vue de l'intérieur

— prod. en 1985

9.25 mn/couleur

PG022 9,00 \$ (guide de l'enseignant)

Trousse	Vidéo seulement
PVK28	PV131
3/4 po. U-Matic	3/4 po. U-Matic
PVK29 VHS	PV132 VHS
PVK30 Beta	PV133 Beta

Revoilà le Dr Bernard et sa bande! Ro fait encore des siennes! Après une journée difficile il découvre de la bière dans le laboratoire du docteur. Il en boit une pour se détendre en regardant la télévision, puis une seconde, et puis une autre... Pendant ce temps le Dr Bernard montre, à l'aide de rayons X, les 'vues de l'intérieur' d'un gros buveur et d'un non-buveur. Les enfants découvrent ainsi les dangers à long terme de l'alcool et les autres solutions.

4. Pas de pot, mon pote

— prod. en 1986

9.25 mn/couleur

PG018 9,00 \$ (guide de l'enseignant)

Trousse	Vidéo seulement
PVK19	PV122
3/4 po. U-Matic	3/4 po. U-Matic
PVK20 VHS	PV123 VHS
PVK21 Beta	PV124 Beta

Suite des aventures du Dr Bernard et de ses assistants de laboratoire : la souris Marthe et le chien Louis. Cette fois-ci ils observent comment Gilles, l'homme-à-tout-faire — gros utilisateur de marijuana — a du mal à accomplir des tâches toutes simples. Un trio d'agents de police accompagne l'action de ces chants.

À PARAÎTRE PROCHAINEMENT

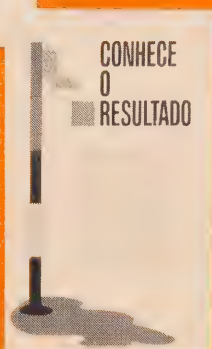
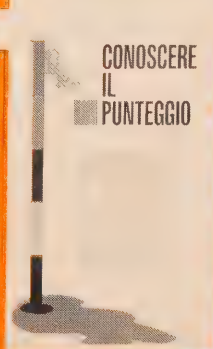
Pas de quoi renifler : le danger des inhalants

N'y touche pas : les substances dangereuses autour de la maison

Modalités de commande

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toxicomanie (Addiction Research Foundation), 33, rue Russell, Toronto (Ontario), M5S 2S1 ou téléphonez à frais virés au (416) 595-6059. N'oubliez pas de mentionner le numéro de code lorsque vous commandez les articles inclus dans ce catalogue.



ESPAÑOL

A fin de atender mejor al variado mosaico cultural que caracteriza a Ontario, la División de Recursos de Educación de la ARF (Fundación para la Investigación sobre Alcoholismo y Toxicomanía) ha estado desarrollando muchos de sus materiales educativos populares en otros idiomas además de inglés. A continuación se describen los productos disponibles y el procedimiento para efectuar los pedidos.

Folleto

El cafe, el té, y yo, y . . .

P1240 \$0.55

Este es un excelente recurso para los profesionales de la salud, educadores, y el público en general. A través de un formato conciso y entretenido, se presenta información sobre todos los aspectos de las drogas y su uso. Este folleto tipo afiche, describe la historia de diversas drogas, los aspectos médicos y no médicos del uso de las drogas, los efectos que causan y como se producen tales efectos y se explican los factores que contribuyen a la dependencia de las drogas. Este afiche mural en cuatro colores es ideal para exhibición y proporciona un resumen detallado de los datos conocidos referentes a una variedad de sustancias químicas.

Libros de la ARF

ARF/Informe del "Grupo de trabajo internacional sobre el convenio sobre sustancias sicotrópicas, 1971", 8 - 12 de septiembre de 1980

— pub. 1981
— ISBN 0-88868-056-2

P654 (75 págs.) \$4.50

Aún cuando 113 naciones han ratificado el 'Convenio Unico sobre Estupefacientes', solamente 76 países han ratificado el 'Convenio sobre Sustancias Psicoactivas'. La ARF, conjuntamente con el ICAA (Consejo Internacional sobre Alcoholismo y Toxicomanía) y la O.M.S. (Organización Mundial de la Salud) convocaron a una reunión de expertos internacionales con el objeto de examinar los temas, los problemas y las posibles soluciones. Este informe es el resultado de dicha reunión. El material está disponible en inglés, francés y español.

ARF/Informe del Grupo internacional de trabajo referente a la convención única de 1961 sobre estupefacientes, 20 al 24 de septiembre de 1982

— pub. 1983
— ISBN 0-88868-077-5

P656 (66 págs.) \$4.50

La ARF, en asociación con la O.M.S. y el Consejo Internacional sobre Alcoholismo y Toxicomanía, convocó a una reunión de expertos internacionales en septiembre de 1982 con el objeto de estudiar el Convenio Unico sobre Estupefacientes de 1961. En septiembre de 1982, setenta y seis países habían ratificado el Convenio Unico. Después de examinar en forma amplia y cuidadosa las experiencias nacionales e internacionales con los tratados, los participantes formularon una serie de recomendaciones destinadas a mejorar los tratados internacionales sobre el control de las drogas. Este informe fué presentado a otras organizaciones internacionales y a gobiernos nacionales en febrero de 1983. El material está disponible en inglés, francés y español.

Videos

La mujer y el uso de medicamentos que modifican el estado de amino: La experiencia de la mujer inmigrante

— prod. 1984
16 min/color \$150.00

PV092 3/4 pulg. U-Matic
PV093 VHS
PV094 Beta

Esta cinta presenta algunas de las tensiones y ansiedades que deben enfrentar los inmigrantes, particularmente las mujeres, al adaptarse a una nueva sociedad. El programa muestra algunos de los efectos a corto y a largo plazo producidos por el uso de tranquilizantes suaves para superar tales situaciones. Se presenta un enfoque al cuidado médico del consumidor dando énfasis a cuán importante es el consentimiento autorizado.

— Ver también bajo otros idiomas además de inglés.

Como hacer los pedidos

Complete los formularios de pedido que se encuentran en las páginas . . . y . . . Si éstos ya han sido utilizados, envíenos una carta o una orden de compra indicando la cantidad y el título completo de los artículos que desea comprar. Envíe su pedido a: Marketing Services, Dept. CAT 86, Addiction Research Foundation, 33 Russell Street, Toronto, Canada, M5S 2S1 o llame con cobro revertido al (416) 595-6059. Indique siempre el número del Departamento al hacer pedidos de este catálogo.

ITALIANO

Per meglio servire i diversi gruppi culturali che oggi risiedono in Ontario, l'Education Resource Division della ARF ha preparato diversi opuscoli e altro materiale educativo in altre lingue oltre che in inglese. Segue una breve descrizione dei prodotti disponibili e della procedura da seguire per ordinarli.

Opuscoli

Marijuana: Risposte ai giovani ed ai genitori

P1381 (32 pagine) \$0,75

'La cannabis crea assuefazione e dipendenza?'

'Cosa si prova quando si usa la cannabis?'

Queste sono solo due delle domande che vengono chieste normalmente dai giovani e dai genitori su questa popolarissima droga. Per rispondere la ARF ha valutato attentamente tutto quanto è stato scoperto in questo campo ed ha prodotto questo ottimo opuscolo che risponde a tredici delle domande che vengono comunemente fatte. L'opuscolo comprende inoltre un breve quiz per valutare le vostre cognizioni in tal campo e una corta introduzione per presentare il modo in cui la società moderna fa fronte a questa droga.

Caffè, tè e me e...

P1241 \$0,55

Questo è un ottimo opuscolo in grado di aiutare sanitari, educatori ed il pubblico in generale. In un formato conciso e facilmente leggibile vengono presentate le informazioni che toccano tutti i punti concernenti le varie droghe ed il loro uso. Questo opuscolo, formato manifesto, presenta la storia delle varie droghe e gli aspetti sanitari e non-sanitari del loro uso, gli effetti a breve e a lunga scadenza di tali droghe ed il modo in cui tali effetti vengono prodotti e discute infine i fattori che contribuiscono alla assuefazione ed alla dipendenza.

Il bel opuscolo in quattro colori è un manifesto ideale ed offre un quadro dettagliato di tutto quanto si conosce su numerose sostanze chimiche.

Miti sul bere e sulla guida

P1061 (24 pagine) \$0,75

In chiave umoristica — ma andando diritto allo scopo — questo opuscolo presenta dieci miti che circondano il bere ed il modo in cui l'alcool può influire sulla guida di chi ha bevuto. Questi miti o errori sono presentati in forma di dichiarazioni che riflettono l'errata attitudine di troppe persone verso l'alcool — attitudine che spesso si basa su informazioni sbagliate. Scopo di questo opuscolo è distruggere tali miti, non solo spiegando come l'alcool influisce sulle nostre capacità, ma anche incoraggiando a riesaminare il nostro atteggiamento e l'aspetto morale del bere e guidare.

Posso prendere questo durante la mia gravidanza?

P1261 (8 pagine) \$0,30

Le donne incinte, consapevoli del fatto che le medicine possono influire sul bambino che portano in seno, sono preoccupate per gli effetti dei medicinali che si possono acquistare senza bisogno della ricetta del dottore e delle altre droghe sociali come alcool e tabacco. Possono tali droghe danneggiare il nascituro? Questo opuscolo sull'uso delle droghe sociali e dei medicinali durante la gravidanza può aiutare la donna incinta a fare la propria scelta conoscendo come stanno le cose. L'opuscolo è particolarmente indicato per corsi per madri in attesa, per cliniche, per centri assistenziali e per gli studi dei dottori.

L'Alcool — Ne sapete abbastanza?

P104 (16 pagine) \$0,40

Questo semplice opuscolo quanto mai educativo presenta tutti i fatti sugli effetti dell'alcool sul corpo e sulle facoltà psichiche di chi beve, sulla famiglia e sulla comunità. Disegni umoristici accompagnano il testo, con ogni illustrazione che chiaramente sottolinea il punto presentato. L'opuscolo è ideale per essere divulgato su vasta scala.

Conoscere il punteggio

P1221 (4 pagine) \$0,35

Quand'è che l'alcool può causare effetti disastrosi? Questo attraente piccolo opuscolo presenta in forma semplice e chiara i fatti concernenti il consumo delle bevande alcoliche in modo conciso e inequivocabile.

Donne e medicinali

P1332 (4 pagine) \$0,25

Fatti concernenti l'alcool

P200 \$0,05

Fatti sulla cannabis

P201 \$0,05

Videonastri

La donna e l'uso di droghe per cambiare umori instabili: Cio a cui va incontro l'emigrante.

— prod. 1984
16 minuti/a colori \$150,00.

PV095 ¾ in. U-Matic
PV096 VHS
PV097 Beta

Questo documentario presenta le difficoltà che gli immigranti, particolarmente le donne, potrebbero incontrare per inserirsi in un nuovo ambiente. Il film presenta alcuni degli effetti a breve e a lunga scadenza causati dal prendere tranquillanti leggeri per far fronte alla situazione. I suggerimenti della medicina vengono esaminati dal punto di vista del paziente, facendo presente quanto è importante sapere esattamente a cosa si va incontro prima di acconsentire a prendere una medicina.

Per fare l'ordine

Completare l'apposito modulo che si trova alla pagina e . Qualora si siano già usati tali moduli inviateci la vostra lettera o il vostro ordine indicando il titolo completo dell'articolo che volete acquistare e la quantità richiesta. Inviare il vostro ordine a: Marketing Services, Dept. CAT 86, Addiction Research Foundation, 33 Russell Street, Toronto, Canada, M5S 2S1 o telefonate addebitando la chiamata a (416) 595-6059. Quando fate il vostro ordine per il materiale elencato in questo catalogo indicate sempre l'apposito numero.

PORTUGUÊS

Com o intuito de melhor servir o variado mosaico cultural que é o Ontário de hoje, a Divisao dos Recursos Educativos da ARF (Fundação para a Investigação do Viciamento) tem vindo a elaborar muitos dos seus materiais educativos de grande popularidade em línguas outras que o inglês.

Junto segue a descrição desses materiais assim como a maneira de os encomendar.

Panfletos

Marijuana: Respostas a jovens e pais

P1382 (32 pág.) \$0.75

“A marijuana vicia?”

“O que é que se sente quando se fuma marijuana?”

Estas são apenas duas das perguntas que tanto pais como jovens frequentemente fazem sobre esta droga tão conhecida. Para tentar respondê-las, a ARF passou cuidadosamente em revista os resultados da investigação sobre a marijuana (cannabis) e elaborou este panfleto acessível com respostas a treze das perguntas mais frequentes. Inclui também um curto teste sobre os conhecimentos do leitor, assim como uma curta introdução sobre a maneira como a nossa sociedade actualmente encara a cannabis.

Café, chá, e eu, e...

P1242 \$0.55

Trata-se de um excelente documento para pessoal médico, educadores e o público em geral. Nele se apresenta informação sobre as drogas e seu consumo em formato conciso e acessível.

Este panfleto-cartaz descreve em linhas gerais a história de várias drogas, os aspectos médicos e outros sobre a utilização de drogas; os efeitos das drogas e como elas são produzidas; uma análise dos factores que contribuem para a dependência nas drogas. O cartaz a quatro cores é ideal para expor, dando ao mesmo tempo um sumário detalhado dos factos conhecidos sobre uma grande variedade de substâncias químicas.

Mitos acerca do beber e do conduzir

P1062 (24 pág.) \$0.75

Escrito com humor mas sem desviar nunca do assunto em questão, este folheto enumera dez conceitos errados mas muito divulgados sobre o álcool e a maneira como afecta a capacidade de conduzir um veículo. Estes conceitos errados ou mitos, são apresentados sob a forma de declarações que reflectem as atitudes que muitas pessoas têm sobre o álcool — atitudes essas que são frequentemente baseadas sobre informações falsas. O objectivo deste panfleto é de desfazer estes mitos, explicando não só como o álcool afecta as capacidades, mas encorajando também uma reflexão sobre as atitudes e os valores associados com o consumo de bebidas alcoólicas e a condução de veículos.

Alcool — Você sabe o suficiente acerca do álcool?

P105 (16 pág.) \$0.40

Este panfleto simples mas informativo, contém dados sobre a grande variedade de efeitos que o álcool tem sobre o organismo e a maneira como os hábitos de consumo de álcool afectam o indivíduo, a família e a sociedade em geral. O texto é ilustrado com desenhos divertidos que chamam atenção do leitor de forma inteligente para os pontos principais da análise. Este panfleto é ideal para distribuição geral.

Conhece o resultado

P1222 (4 pág.) \$0.35

Em que ponto se torna o consumo de bebidas alcoólicas um perigo para a condução de veículos? Este pequeno panfleto colorido contém uma introdução aos factos sobre o consumo do álcool apresentada de maneira sucinta e informativa.

A mulher e os medicamentos receitados

P1331 (4 pág.) \$0.25

Factos acerca do álcool

P225 \$0.05

Factos acerca da cannabis

F226 \$0.05

Filmes Video

A mulher e calmantes: a experiência da imigrante:

Imigrantes

— Prod. 1984

16 min/a cores \$150.00

PV098 3/4 in. U-Matic

PV099 VHS

PV100 Beta

Este filme mostra algumas das tensões que os imigrantes, particularmente as mulheres, por vezes têm que enfrentar para se ajustarem a uma nova sociedade. O programa mostra também alguns dos efeitos, a curto e a longo prazo, do consumo de tranquilizantes fracos utilizados como maneira de fazer frente a essas tensões. Nele se preconiza a atitude de que deve fazer prova todo o consumidor informado face à medicina, isto é, isto é, insistindo sobre o facto de que se deve estar informado e ser consentidor do conteúdo das receitas médicas.

Como encomendar

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ΕΛΛΗΝΙΚΑ

Για την καλύτερη εξυπηρέτηση της ποχυηολιτιστινής της σημερινής κοινωνίας του Οντέριο, ο Εκπαιδευτικός Κλάδος του Ιδρύματος Ερεύνης καταπο|| λεμήσεως, του Εθισμού εις τον αλκοολι|| σμόν, ναρκωτικά, κ.λ.π μεταφράζει και εκδίδει αρκετό από το μορφωτικό του υλικό και σε άλλες γλωσσες εκτός απο την Αγγλική. Κατωτέρω αναγράφονται οι διαθέσιμες εκδόσεις και ο τρόπος παραγγελίας αυτων.

Επιτρέπεται να το Παίρνω αν Είμαι Έγκνος;

P1262 (66 σελ.) \$0.30

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